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# THE RIVER WEEKLY NEWS

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Vol. 15, No. 40

From the Beaches to the River District downtown Fort Myers

OCTOBER 7, 2016

## Impressive Lineup For Shell Point Concert Series



**The Four Freshmen kick off the series on November 12**

photos courtesy Shell Point Retirement Community

Shell Point Retirement Community's 2016-17 Concert Series brings a variety of local and international performers in three distinct musical series: Fine and Performing Arts, Concerts and Conversations, and the Southwest Florida Symphony.



**Vocal ensemble Cantus will perform on December 6**

Music enthusiasts are encouraged to buy tickets soon to benefit from advance ticket package savings, and before concerts sell out completely.

"The 2016-17 series is filled with many talented musicians who are renowned for their ability to convey uplifting messages through music and artistry. We hope to share memorable musical moments with Southwest Florida residents through these performances," said Laura Slack, Shell Point director of resident life.

The Village Church, one of Shell Point's two main concert venues, received extensive acoustical and esthetic upgrades during the summer. "The addition of more than 100 linear feet of solid, natural wood sound-diffuser panels greatly

continued on page 11

## Tickets On Sale For Alliance Fundraiser

The Alliance for the Arts will host its annual fundraiser, themed Order/Chaos: An Evening on the Edge, on Saturday, November 12 on the Alliance campus. Proceeds provide opportunities for children to participate in the arts, expand collaborations with social service organizations to utilize art therapy, and enhance the quality of life in Southwest Florida.

The area's top chefs will be on hand to provide tastings of their culinary creations. Culinary sponsors include Prawnbroker, Pyro's Creations, Mermaid Garden Café, Cristof's on McGregor, Blu Sushi and Adirondack Chocolatier.

Artists will help create a sensory experience to entertain attendees by exploring the concepts of order and chaos as interpreted by performance, visual, musical and culinary artists. Interactive art exhibits will provide an opportunity to step inside the worlds of order and chaos, and play on the razor-thin edge between the two.

There will be a variety of live and silent auction items for guests to bid on. The night concludes in the Alliance lounge with dancing and a live performance by the local rock band Strange Arrangement.

Sponsorship opportunities are still available. Sponsors include Broadway Palm Dinner Theatre, Kuhn Law Firm PA, GMA Architects Planners, Rogers Towers Attorneys, Investors' Security Trust – Charles and Linda Idelson, Tina and Clif Parker, Higginson Tax & Accounting, LLC, Boost Creative, *Florida Weekly*, Carter Pritchett and *Gulfshore Life*.

Tickets for the VIP Experience are \$200 and include access to a VIP pre-party, exclusive preview of auction packages and access to VIP concert seating with cocktail service. Doors for VIP ticket holders open at 6:30 p.m. Main event tickets are \$125 and include open bar, live entertainment, silent and live auctions, and tastings. The main event begins at 7 p.m.

For more information, call 939-2787 or visit [ArtInLee.org/orderchaos](http://ArtInLee.org/orderchaos).✧



**Faceless by Marcus Jansen**

image courtesy  
Alliance for the Arts

## A Conversation With Mina Edison

Friends of the Fort Myers Library will host A Conversation with Mina Edison on Monday, October 17 at 6:30 p.m. Mrs. Edison was part of the Fort Myers community for 61 years. She and Thomas honeymooned in Fort Myers in 1886, and she continued to spend her winters there until her death in 1947.

"Mina" will share her knowledge of the development of the city from cattle town to the beautiful place it is today, and her role in that evolution. Find out about the start of the Audubon Society, the Chautauqua Bird & Tree Club, her friendship with Jay Norwood "Ding" Darling and her beautification projects.

How did she manage the Edison home? What was it like to host their famous guests? And how did the family spend their time here? These questions – and yours – will be answered.

Mrs. Edison's appearance is sponsored by the Edison Ford Winter Estates. The discussions will take place in the meeting rooms of the Fort Myers Regional Library, located at 1651 Lee Street. Seating is limited. There is no charge to attend, but advance registration is required. Visit <http://bit.ly/2cujirr> or call 479-4636.✧



**Mina Edison impersonator**

photo courtesy Fort Myers Regional Library



Historic Downtown Fort Myers, Then And Now:

# Humfleet House On Royal Palm

by Gerri Reaves, PhD



Pat Humfleet Mellor recalls that it was 1944 when she posed for this photo with her older sister, Bernice Humfleet Aguilera, on the steps of her family home on Royal Palm Avenue.

Pat (right) was still a student at Fort Myers High School when the photo was taken. Bernice, pictured in a sun hat and holding purse and gloves, was living with her parents and sister while her husband, Dr. Henry J. Aguilera, served in Italy during World War II as a captain in the Army Medical Corps.

The sisters made those pretty matching organdy blouses they are wearing. Bernice's hobby was sewing, a good skill to have during the war years when clothes weren't always easy to find in the

stores.

Pat has wonderful memories of the house, which was built around 1912, she said. Her parents, Daniel M. and Bessie E. Humfleet (pictured circa 1945), bought it in March 1944.

They – along with daughter Pat – had come from their native Kentucky, with brief stays in Georgia, Miami and Bonita Springs before settling on Royal Palm.

It was a supremely convenient location for her father, a former college professor who taught at the high school at the south end of Royal Palm at Thompson Street (where the Lee County Constitutional Complex, aka Darth Vader building, is now).

The two-story white house had a large front living and dining area that spanned the width of the house.

There was an upstairs balcony entered by a door with etched glass, a cypress-shingle roof, and hardwood floors. The porch, which had originally been open, was screened in when the Humfleets lived there.

In the rear of the house, an enclosed stairway led to a kitchenette belonging to a small



High-schooler Pat Humfleet, right, and her older sister, Bernice Humfleet Aguilera, pose in front of their parents' house in 1944

photos courtesy Patricia Humfleet Mellor



Daniel and Bessie Humfleet are pictured at the rear of their house on Royal Palm Avenue, circa 1945. The enclosed stairway behind them led to a kitchenette that was part of an apartment rented to military families during WWII.



Like the other early 20th-century houses on the block between Second and Thompson, the Humfleet house is gone. Today, large parking lots dominate the neighborhood.

photo by Gerri Reaves

downstairs apartment. That tunnel-like stairway is visible in the background of the photo of Daniel and Bessie Humfleet.

During WWII, they joined many local families in providing rental accommodations for wives of servicemen who lived in town briefly while their husbands trained at Buckingham Army Air Force Base or Page Field.

In the 1940s, that long block between Thompson and Second Streets was residential, mostly single-family home but also a few apartments. However, public school buildings and the First Presbyterian Church were located on the corners at Second Street.

Pat remembers it as a neighborhood where “everybody knew everybody” and people walking along the sidewalks stopped and visited with people sitting on their porches.

In 1947, Pat and her husband, Bill Mellor, chose to be married in the large front room of the family home in a setting that included a piano, an altar and palms.

Her parents had worked hard to save what they had, she says, and a home wedding would help them to avoid spending more than necessary.

Today, a large parking lot is located where the Humfleets once lived.

Take a walk on Royal Palm Avenue and imagine living in a pretty house only a stone's throw away from your high school. Then, contemplate the changes to the neighborhood over the last several decades.

Who would have guessed vast parking lots and – recently – a brewery were in the block's future?

Then, continue your history adventures at the following places.

The Southwest Florida Historical Society's research center is an all-volunteer non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit [swflhistoricalsociety.org](http://swflhistoricalsociety.org) for more information.

Be sure to check out the Lee County Black History Society research center at 1936 Henderson Avenue and the nearby Williams Academy Museum at Roberto Clemente Park.

Hours for the all-volunteer non-profit organization are 10 a.m. to 4 p.m. Wednesday through Friday.

For more information, call 332-8778 or visit [leecountyblackhistorysociety.org](http://leecountyblackhistorysociety.org).

Sources: Archives of the Southwest Florida Historical Society.\*

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FROM THE BEACHES TO DOWNTOWN FORT MYERS

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**Reporters**  
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Jeff Lysiak

## Contributing Writers

Jennifer Basey	Marion Hauser, MS, RD
Kimberley Berisford	Ross Hauser, MD
Suzy Cohen	Audrey Krienen
Ed Frank	Anne Mitchell
Jim George	Capt. Matt Mitchell
Shelley Greggs	Di Saggau
Tom Hall	

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# Theatre Conspiracy To Present Political Comedy



Cast of the political comedy *The Taming*

photo courtesy Alliance for the Arts

Next up for Theatre Conspiracy is *The Taming* by Lauren Gunderson, directed by producing artistic director Bill Taylor. The show explores themes about modern American political extremism, feminism and beauty queens, James Madison, the Democratic Republic of America, the GOP, Liberal angst and Shakespeare's *The Taming of the Shrew*. *The Taming* opens on Friday, October 14 at the Alliance for the Arts.

A crackling modern political farce, *The Taming* hilariously takes on America's overheated political rhetoric and upends historical truths about our founding fathers. When a conservative senatorial aid, a liberal political activist, and a very sparkly beauty queen find themselves locked in a hotel room, the political passions of these slightly insane women prove they might just be revolutionary geniuses.

Initially inspired by *The Taming of The Shrew*, Gunderson's farce *The Taming* grew out of her desire to wrestle with potent elements inside the Bard's playful and problematic

battle of the sexes. Inside the heightened, cheerfully absurd world of *The Taming*, Gunderson spans America's sound bite politics with the switch of actual history and proves Shakespeare's point that true debate is hot.

Performances are October 14 through 30 on Thursdays, Fridays and Saturdays at 8 p.m., with one Sunday matinee on October 30 at 2 p.m. Tickets are \$24 or \$11 for students with proper ID. Thursday nights are "buy one, get one half off." Member Theatre Night is Friday, October 14 and tickets are \$15.

For tickets, call 936-3239 or purchase online at [www.theatreconspiracy.org](http://www.theatreconspiracy.org). Season subscription packages are also available. Buy seven shows for \$133 (\$19 per ticket), six shows for \$120 (\$20 a ticket), or five shows for \$110 (\$22 per ticket).

The Alliance for the Arts is located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers. For more information, call 939-2787 or visit [www.ArtInLee.org](http://www.ArtInLee.org). ✨

## PetWalk Returns

The River District Alliance (RDA) has announced the return of PetWalk to downtown Fort Myers. PetWalk is held every fourth Friday from 6 to 8 p.m. on the green space at Hendry and Bay Streets.

PetWalk returns on Friday, October 28 with some fun new pet activities including a pet costume contest, pet photography, an all-new dog agility course, a Downtown

Dog Strut and more. Pet owners are invited to bring their furry friends but they must be well-behaved and on a leash during PetWalk.

Pet costume contest has a \$5 entry fee per pet; the fee supports local charitable pet organizations.

For more information, contact Jared Beck at [riverdistrictevents@gmail.com](mailto:riverdistrictevents@gmail.com) or 821-2765, or Pam Lemmerman at 849-1380, or visit [www.fortmyersriverdistrictalliance.com](http://www.fortmyersriverdistrictalliance.com). ✨

## Call To Artists For Crafts On The River

The Edison Festival of Light committee has opened up applications online for Crafts on the River at [www.edisonfestival.org](http://www.edisonfestival.org).

The 38th annual Crafts on the River, which showcases local and national artisans in historic downtown Fort Myers along the Caloosahatchee, runs from Friday, February 17 through Sunday, February 19.

The non-juried event is open to local and national artisans and crafters. Original designs are displayed by nearly 100 artists in an informal atmosphere that encourages visitors to talk with the artists about their work, and, in some cases, see them in action. A variety of mediums include drawings, paintings, graphics, sculpture, crafts, jewelry, photography and edible art.

Follow on Facebook ([Facebook.com/edisonfestival](https://www.facebook.com/edisonfestival)) and Twitter and Instagram (@edisonfestival). ✨

## No Coolers • Lawn Chairs Welcome



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### OTHER DAYS AND LOCATIONS:

**SANIBEL ISLAND**  
Sundays, 8am-1pm

**COCONUT POINT**  
Thursdays, 9am-1pm

**LAKES PARK (NEW DAY)**  
Wednesdays, 9am-1 pm

**CORNOG PLAZA (Downtown Fort Myers)**  
Starting in November  
Saturdays, 9am-1pm

**BONITA SPRINGS (at The Promenade)**  
Saturdays, 8am-12pm

**Florida Southwestern College (NEW DAY)**  
**Fridays 9am-1pm**

**Centennial Park (Downtown Fort Myers)**  
**Thursdays 7am-1pm**



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Fort Myers Art:

# Gallery Features Work By Rebholtz And Ellsworth



by Tom Hall

Cape Coral's Harbour View Gallery will feature acrylic and watercolor paintings by Jean Rebholtz and wood turning sculpture by Jim Ellsworth in October.

The opening reception took place on October 4 while the show runs through the end of the month.

Jean Rebholtz currently resides in Cape Coral. Born in Worcester, Massachusetts, and after many cold winters, Rebholtz decided to move to Miami, where she began her art career in 1993. She studied with the famous Chinese Brush painters Mr. & Mrs. Chow. Over the next several years, she dedicated herself to this strict, unusual way of painting. The ancient method of Chinese Brush painting is to learn to apply layers of graduating color that is applied with one brush, one stroke, one time, on delicate rice paper.

After several years of study, Rebholtz decided to combine her technique with traditional watercolor and acrylic painting and discovered that beautiful artwork could be brought to life when combining these methods.

As past president of The Florida Professional Artists' Guild for several years, and membership with the GroveHouse Artists in Coconut Grove, Florida, Rebholtz has



A watercolor painting by Jean Rebholtz

photos courtesy www.artswfl

enjoyed the excitement of displaying her work in many local galleries and shows. A favorite painting of hers, entitled *Tropical Spring*, was chosen for poster reproduction to announce a plein air event in Pinecrest, Florida in 2007.

Jim Ellsworth is a retired banking executive, college professor and community leader from Northwest Indiana. He began his wood-turning experience in 2004. Learning basic skills of woodworking in a high school shop class, Ellsworth pursued furniture making as one of his hobbies during his working career. Upon retirement to Florida, he began looking for other woodworking opportunities and ultimately chose wood turning as an outlet for his creative energy.

Initially self-taught, Ellsworth quickly began honing his skills by attending classes led by nationally recognized wood turners at the John C. Campbell Folk School in North Carolina and the Arrowmont School for the Arts in Tennessee. Additionally, Ellsworth has traveled from coast to coast attending seminars and symposiums on an array of wood turning topics and techniques.

Ellsworth has won a number of awards in recent years for his turnings exhibited at various juried art and turning expositions. While continuing to produce pieces in a wide range of turning styles, he is now chiefly specializing in the art of segmented turnings.

A member of the Peace River Wood Turners, Ellsworth currently serves as its president for the years 2016-17 (and previously for the years 2012-13), The American Association of Wood Turners and The Association of Segmented Wood Turners. He has also served The Arts and Humanities Council of Charlotte County by working on its ArtSensation steering committee.

Harbour View Gallery is located at 5789 Cape Harbour Drive, Suite 104, in the Shops at Cape Harbour, Cape Coral. For more information, call 540-5789.

## Young Artists Sought For November Estero Art Show

Hot Works, LLC is inviting youth artists ages 5 to 13 (or grades kindergarten through eighth) to apply for the youth art competition that it will be holding in conjunction with the 18th bi-annual HotWorks.org Estero Fine Art Show, which will be held on Saturday, November 19 and Sunday, November 20 at the Miromar Design Center in Estero. This two-day art fair is limited to 175 professional artists.

There will be \$250 in prize money will be awarded. The deadline to apply is October 15.

Visit [www.hotworks.org/pdf/2016apps/OLFASyouth.pdf](http://www.hotworks.org/pdf/2016apps/OLFASyouth.pdf) to obtain an application.

## Gore Vidal Political Play At Lab Theater

Just in time for November's presidential election, the Laboratory Theater of Florida brings to the stage a play that puts political campaigns in context. Opening on Thursday, October 6 is Gore Vidal's *The Best Man*, which garnered six Tony Award nominations during its original Broadway run.

The play pitches two imperfect candidates vying with one another for their party's nomination for the Presidency of the United States. One candidate believes he is honest, ethical and deserves the land's highest office. The other will do whatever it takes to win the nomination. Will the incumbent favor one of them with his endorsement, or let them duke it out in a battle royale that spells doom in the general election?

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.✧



A wood turning sculpture by Jim Ellsworth

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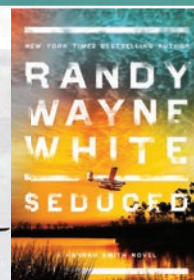


## BOOK SIGNING EVENT!

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*Randy Wayne White*



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# Officials, Organizations And Citizens Rally To Support Conservation 20/20

Community, business and environmental leaders from across Lee County gathered on September 29 at San Carlos Bay – Bunche Beach Preserve to highlight the launch of the campaign to continue the successful, 20-year-old Lee County Conservation 20/20 program.

Conservation 20/20 has bought, restored and protected nearly 25,000 acres of conservation and water resource lands throughout Lee County since it was originally passed by referendum in 1996.

Now, Lee County voters are being asked to decide on November 8 whether to continue this important conservation land protection program. Supporters have established the Yes on Conservation 20/20 Coalition and Political Committee to advance the campaign of support for renewing this vital and popular Lee County program, chaired by former Parks and Recreation head, Barbara Manzo, and backed by leading conservation, community and business groups.

“As Lee County continues to grow in leaps and bounds, Conservation 20/20 is essential to maintaining that quality of life balance between nature, water and all the roads and concrete,” Manzo said.



**Marisa Carrozzo, natural resource specialist at the Conservancy of Southwest Florida, addresses attendees at the rally**  
 photos courtesy Conservation 20/20



**From left, Kevin Ruane, Frank Mann, Chauncey Goss and Mick Denham. All six municipalities in Lee County have signed resolutions supporting Yes on Lee County's Conservation 20/20 program.**

Always a willing seller program, Conservation 20/20 was passed in 1996 as a non-binding referendum, just like this year's referendum. While originally funded by a 0.5 mil ad valorem tax, it is currently funded by general revenues in the budget, with almost \$90 million in a dedicated account. Voting for continuing Conservation 20/20 will not raise taxes, and voting against it will not lower taxes. However, as Lee County continues to grow, with planning studies predicting 1.3 million people at build-out, more needs to be done to preserve critical natural areas that protect drinking water supplies, wildlife habitat and Lee County's quality of life for future generations.

Conservation 20/20 is currently negotiating to purchase important lands in the Corkscrew Regional Ecosystem Watershed (CREW) Project, North Fort Myers and Charlotte Harbor Flatwoods, and the Buckingham and Alva areas. Additional priorities include coastal and island properties, Edison Farms, Density Reduction/Groundwater Resource (DR/GR) lands, Cape Coral and Bonita Springs area resources.

Conservation 20/20 has received the support of many local officials, including the councils of the City of Cape Coral, City of Bonita Springs, Village of Estero, Town of Fort Myers Beach and City of Sanibel. With the City of Fort Myers' City Council's announcement of support on September 19, all six municipalities within Lee County have passed resolutions unanimously supporting the Conservation 20/20 program and a "Yes" vote on November 8.

"We are pleased to have received support from all six Lee County municipalities, a factor that will play an influential role in the passage of Conservation 20/20," said Marisa Carrozzo, natural resource specialist at the Conservancy of Southwest Florida and member of Yes on Conservation 20/20. "We are happy to see that the importance of conserving and protecting land, water and wildlife is being recognized across Lee County jurisdictions."

Benefits of public conservation lands are many and well documented. From increased property values to flood protection, preserving drinking water supplies and resource-based recreation and quality of life, these benefits underpin the strong support Conservation 20/20 has enjoyed for 20 years. The best way to understand the importance of this program is to visit a preserve, and that is made even easier by a series of naturalist-led walks through October.

A schedule of upcoming walks can be found at [www.facebook.com/LeeCountyFIConservation2020/events](http://www.facebook.com/LeeCountyFIConservation2020/events). The Yes on Conservation 20/20 campaign committee is also sharing information, brochures and soliciting volunteer help at its website at [www.YesOnConservation2020.org](http://www.YesOnConservation2020.org), and on its Facebook page at [www.facebook.com/yesonconservation2020](http://www.facebook.com/yesonconservation2020).✱

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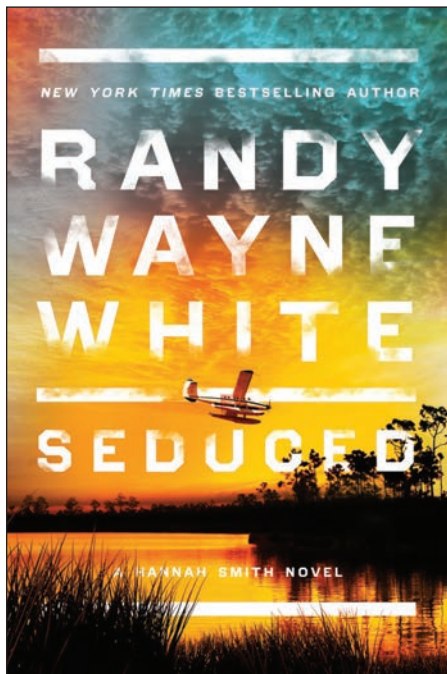


## Pre-Release Book Signing



Randy Wayne White

photo by Wendy Webb



Randy Wayne White, *New York Times* bestselling author, will kick off his national book signing tour for the fourth installment in his Hannah Smith series, *Seduced*, at the Doc Ford's Rum Bar & Grille Sanibel location. The signing will be held on Sunday, October 16 at the restaurant's new location at 2500 Island Inn Road, across from Bailey's Shopping Center.

*Seduced*, published by GP Putnam's Sons, reintroduces White's beloved heroine Hannah Smith, the star of three previous critically acclaimed bestsellers. A fishing guide and part-time investigator, Hannah is a tall, strong Florida woman descended

from many generations of the same. But the problem before her now is much older even than that. As for Hannah's relationship with Doc Ford? Let's just say that remains complicated.

White has written nearly two dozen thrillers starring Doc Ford and three novels starring Hannah Smith but the beloved series is showing no signs of slowing down. *Seduced* is breathtaking, harrowing and suspenseful.

White will begin the signing at 11:30 a.m., with a question-and-answer session. The signing will conclude at 3 p.m. *Seduced* hardcover books will be available

for purchase on site, the only place to acquire the novel before its official release date on October 18.

White will continue his book signing tour at Doc Ford's Fort Myers Beach on Tuesday, November 1 from 11:30 a.m. to 3 p.m., and at Doc Ford's Captiva on Thursday, November 3 from noon to 3 p.m.

Copies of *Seduced* and previously released installments of the Doc Ford and Hannah Smith series are available at all three Doc Ford's locations. Learn more online at [www.docfords.com](http://www.docfords.com). For more information, call 472-8311 or visit [www.docfordssanibel.com](http://www.docfordssanibel.com).

## Creative Movement Classes For Kids

Now through February, Edison & Ford Winter Estates, located at 2350 McGregor Boulevard in Fort Myers, is offering song, dance and basic yoga classes for children ages 2 to 6 on the second Monday of each month. Sessions begin at 10 a.m. There is an additional class on Saturday, October 22.

Instructor Brittany Robbins, a registered yoga teacher (RYT-200), leads. "Movement can help children to process and express their emotions, and have fun doing so," said Robbins. "Each class offers children the chance to think creatively, work collaboratively, and develop their sense of personal and shared space."

A single class is \$5 for one adult and

one child, or \$25 for six classes for Edison Ford members; \$10 for non-members, which includes one adult and one child, or \$50 for six classes. An additional child is \$5.

Registration is required. For more information or to register, contact Leeanne Criswell at [lcriswell@edisonfordwinterstates.org](mailto:lcriswell@edisonfordwinterstates.org) or call 334-7419.\*

## New Website, Season Program For Alliance

Alliance for the Arts has launched its 2016-17 season with a new look and redesigned website – [www.ArtInLee.org](http://www.ArtInLee.org).

Designed with patrons, members, volunteers, artists and local arts organizations in mind, the new website offers enhanced features for an improved user experience across mobile platforms.

At [www.ArtInLee.org](http://www.ArtInLee.org), visitors can access information on gallery exhibitions, theater shows, special events, classes and workshops, arts camps, membership, calls to artists, author meet and greets, and festivals.

In addition to the online experience, Alliance for the Arts has also released the details of its 2016-17 season with a hardcopy season brochure, which is onsite at the Alliance campus and available on its website to download.\*

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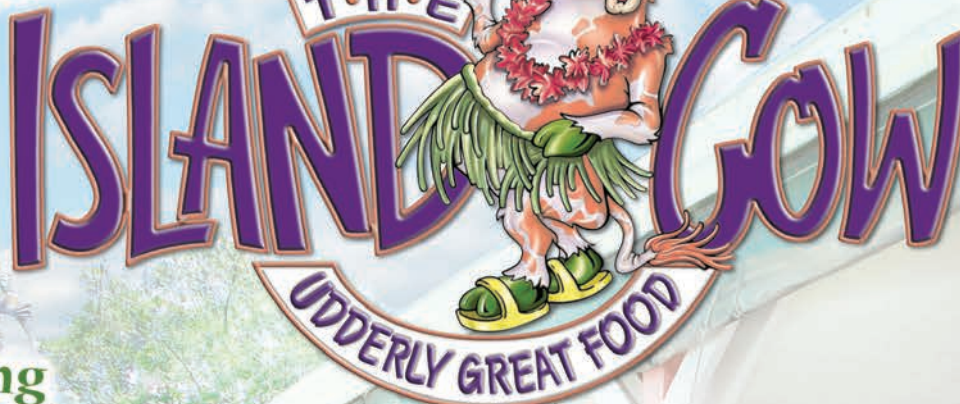
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## Along The River

Tuesday morning **garden walks** from 10 a.m. to 1 p.m. have resumed at the **Berne Davis Botanical Garden**, located at 2166 Virginia Avenue (adjacent to the Edison Home) in Fort Myers. Tours will continue until the end of May.

The garden is a project of the Fort Myers-Lee County Garden Council. Admission and parking are both free; handicap parking is on Virginia Avenue only; regular parking is on Larchmont Avenue, off of McGregor Avenue.

Many of the displays in the garden have been provided through the talents and contributions of the local garden clubs, plant societies and other affiliates that comprise the garden council.

Visit [www.fmlcgardencouncil.com](http://www.fmlcgardencouncil.com) to learn more.

The River District Alliance in **downtown Fort Myers** is celebrating its nine-year anniversary of **Art Walk**, held this Friday, October 7 from 6 to 10 p.m. and Saturday from 11 a.m. to 4 p.m. Art Walk is a free, self-guided tour.

On Friday night, First Street is closed to traffic and local artists will be set up in the street selling their art. There will be face painting at several locations on First Street and at the Broadway and First Street intersection. The Fort Myers Art League will be hosting a Make It/Take It table for children of all ages. American Legion Veterans Gallery on Jackson Street will be showing art created by veterans.

On Saturday, most of the galleries will be open to visitors.

Fort Myers Art Walk spans the core of downtown Fort Myers and includes

the Gardener's Park area and West First Street. Maps are available at participating galleries which will help lead you to all the art venues and Art Walk partners. There will be live music, live art demonstrations, and food and drinks available at local restaurants. A number of local boutiques participate as well.

Fort Myers Art Walk is hosted by The River District Alliance. For more information, visit [www.fortmyersriverdistrictalliance.com](http://www.fortmyersriverdistrictalliance.com).

The 11th annual **Fort Myers Beach Pirate Festival** will be held all weekend long from 10 a.m. to 5 p.m. along **Old San Carlos Boulevard** on the Beach.

The Fort Myers Beach Chamber of Commerce will host the festival, featuring the pirate bazaar, themed live music and performances, live ship battles and children's activities. It has been named the #2 Pirate Festival in the Country by *USA Today* and draws thousands of people.

The Pub Quest kicks off the festivities on Friday, October 7. Costumed grog lovers will assemble in the heart of Times Square and spend the evening playing a card game of chance at a number of Fort Myers Beach's most popular restaurants and bars. Following the Pub Quest, awards will be given to the best-dressed costumed pirates. This event is a 21 and over event.

Entrance into the festival is a suggested donation of \$5 (ages 12 and up), with all proceeds going towards the Fort Myers Beach Chamber of Commerce and its affiliated charities.

Visit [www.fmbpiratefest.com](http://www.fmbpiratefest.com) for more information.

Also on **Fort Myers Beach** during the weekend, check out the 51st annual **Summerset Sailing Regatta**, sponsored



**Aaaargh you ready for pirates on Fort Myers Beach? Pirate Festival will be all weekend long.**  
photo courtesy FMB Chamber

by the Caloosahatchee Marching and Chowder Society (CMCS). This is the Southwest Florida sailing community's premier racing competition and the kick-off regatta for the fall and winter racing programs.

The regatta will start with the Skippers Meeting this Friday, October 7 at Bonita Bill's. The Saturday post-race event will be held at Bootleggers at Salty Sam's Marina and the awards dinner on Sunday will be at DiamondHead Resort and Spa.

Fifty to 60 boats usually participate in six classes in the two-day event. Up to four buoy races will be run Saturday in the Gulf of Mexico off shore from Fort Myers Beach. The distance race will be held on Sunday along with a fun race for cruising boats.

The Saturday buoy races are sponsored by Offshore Sailing School and the Sunday distance race is sponsored by Florida Premier Yacht Services. This year's race will include many of the area's fastest racing yachts. Summerset is the first regatta to be scored in the 2016-17 BOTY racing series for Southwest Florida, Charlotte and the Caloosahatchee BOTY competitions. Boats participating will come from Charlotte Harbor and as far south as Marco Island.

Visit [www.summersetregatta.com](http://www.summersetregatta.com) for more information and the entry form.

**Alliance for the Arts** juried exhibit **Politikos** will open this Friday, October 7 in the main gallery with a public reception from 5 to 7 p.m. The exhibit continues until November 5.

During this exhibition, Mimi Stirn and Julie Griffin will be showing works in the

Member Galleries. Come engage with the community and artists in all mediums from across Florida.

Juror and cartoonist Doug MacGregor will give a gallery walk and talk during the first weekend of SoCo SWFL on Saturday, October 8 from 6 to 7 p.m.

The League of Women's Voters will have voter registration materials onsite during the Friday night opening and Saturday SoCo SWFL event. Alliance for the Arts has previously presented exhibits focused on politics and social concerns during the 2008 and 2012 election seasons.

The Alliance for the Arts is located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers. For more information, call 939-2787 or visit [www.ArtInLee.org](http://www.ArtInLee.org).

Speaking of the new **SoCo Second Saturday**, the monthly event starts at 5 p.m. and will attract attention to a renewed area of the city, where a number of cultural venues have found each other and joined forces.

Organized by the cultural venues committee of the SoCo Cultural District, the venues include Broadway Palm Dinner Theatre, located in the Royal Palm Square, to the Lee County Alliance for the Arts and include DAAS Co-op Art Gallery & Gifts, the Union Artist Studios, the Gittleman Studios and Yoga Bird.

SoCo stands for South of Colonial, referring to Colonial Boulevard. All participating stops or cultural venues will host a variety of activities for the attendees, ranging from opening receptions with artists talks, performances, special sales and artist demonstrations.

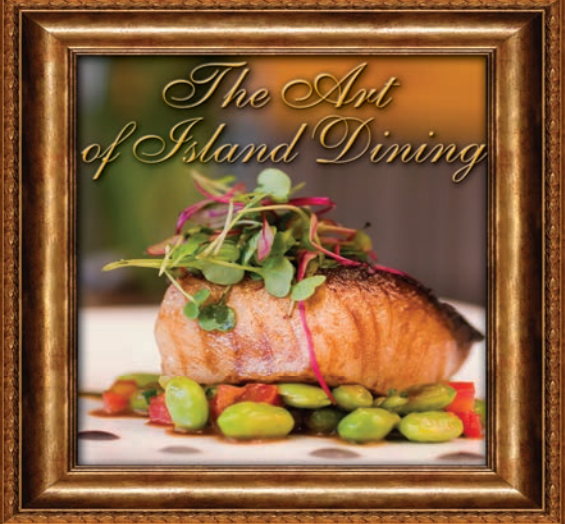
Visit [www.socoswfl.com](http://www.socoswfl.com) for a complete list of all the activities for the night.

**Bluegrass in the Theatre** continues at **Alliance for the Arts** on Sunday, October 9 from 2 to 5 p.m. Palmgrass artists include Bill Metts, Bugtussle Ramblers and Highway 41.

Tickets are \$10 each, available online at [www.ArtInLee.org/tickets](http://www.ArtInLee.org/tickets) or at the door. Children under 12 are under are admitted free if accompanied by an adult. Doors open at 1 p.m. Seating is limited and first come, first served.

For more information, call 939-2787 or visit [www.ArtInLee.org](http://www.ArtInLee.org).

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers.✱



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# FORT MYERS FARE

## Dining From Downtown's Historic River District To The Beaches

For more information, check out our advertisers in this week's *The River Weekly News*

### COURTNEY'S CONTINENTAL CUISINE

Courtney's is a family business run by Executive Chef Dale, his wife Betty and their son, Courtney. The warm and welcoming bar is great for libations and lots of laughter. Relax in comfort with friends and enjoy discounted drinks and appetizers during happy hour, served from open to close daily. The dining room offers a wonderful dinner variety; if you're an early diner, be sure to check out the Sunset Dining Specials from 4 to 5:30 p.m. Summer hours are Tuesday through Thursday from 4 to 9 p.m. and Friday and Saturday from 4 to 10 p.m.

20351 Summerlin Road (across from Sanibel Outlets in Publix Sanibel Beach Place), Fort Myers. Call 466-4646

### DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

It's a well-known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

### ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 11 years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991.



LaMotta's Italian Restaurant offers a taste of Italy inside the long-standing establishment

photo courtesy LaMotta's

### IL CIELO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully prepared dish on the menu for everyone.

Il Cielo is located at 1244 Periwinkle Way on Sanibel and open Tuesday through Saturday from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and half-priced house wines, domestic beers and well drinks. Enjoy live piano music by Scott McDonald on Wednesday, Thursday, Friday and Saturday nights, beginning at 7 p.m.

Call 472-5555 for reservations.

### IL TESORO

Il Tesoro serves authentic Italian food "with the taste and feel of a Tuscan holiday," according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring his dishes to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines.

Il Tesoro (The Treasure) serves dinner seven nights a week from 5 to 10 p.m. 751 Tarpon Bay Road, Sanibel. Call 395-4022.

### ISLAND COW

Where can you go when you're in the "moood" for some great cookin', local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with French doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches. Now serving full liquor island cocktails!

2163 Periwinkle Way, Sanibel. Call 472-0606.

### JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week. Bands include Renata, Wildfire Blues Band and Cruzan Vibes' reggae on the weekends.

The patio lounge menu includes a selection of "happy apps" starting at \$5.95 and half price drinks during happy hour, 5 to 7 p.m.

Dinner reservations are suggested. 1223 Periwinkle Way, Sanibel. Call 472-1771.

### LAMOTTA'S ITALIAN RESTAURANT

LaMotta's Italian Restaurant & Pizzeria was established in 1979 and is one of the longest-running family eateries in the Fort Myers area. Chef Camelo LaMotta serves traditional Italian dishes such as chicken parmesan, lasagna, pizza and calzones as well as specialty creations like osso bucco, lobster risotto, pescatore and filet Florentine.

Try LaMotta's New York-style pizza, cooked in a 500-degree oven for the perfect crunchy slice. For specialized desserts, treat yourself to cannolis and tiramisu along with a cappuccino or coffee.

Summer hours are Tuesday through Friday from 11 a.m. to 9 p.m. and Saturday from noon to 9 p.m.; closed Sunday and Monday.

15660-225 San Carlos Boulevard, Fort Myers, 482-5505

### SAKURA RESTAURANT

Sakura Chinatown Chinese and Japanese Restaurant is located within the Kmart Plaza in the Iona-McGregor area at 15271 McGregor Blvd suite 24 in Fort Myers. The restaurant offers both Chinese and Japanese cuisine and is open from 11 a.m. to 10 p.m. Tuesday through Sunday. Dine in or pick up. Delivery is available within a four-mile radius. Call 332-0888.✧

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# Churches/Temples

## ALL FAITHS UNITARIAN CONGREGATION (UUA)

2756 McGregor Boulevard, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900. [www.allfaiths-uc.org](http://www.allfaiths-uc.org)

## ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH

10291 Bayshore Road, North Fort Myers Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Interstate 75.

## ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. [annunciation.fl.goarch.org](mailto:annunciation.fl.goarch.org), 481-2099

## BETH SHILOH

## MESSIANIC SYNAGOGUE

15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

## BREAD OF LIFE MINISTRIES CHURCH OF GOD

16581 McGregor Boulevard, 267-3166 Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m.

## CHABAD LUBAVITCH

## OF SW FLORIDA ORTHODOX

5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, [rabbi@chabadswf.org](mailto:rabbi@chabadswf.org). [www.chabadswf.org](http://www.chabadswf.org). Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and Thursday 7 a.m.

## CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverend Ted Althouse, Pastor [revtedalthouse@aol.com](mailto:revtedalthouse@aol.com)

## CHURCH OF THE CROSS

13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

## CONGREGATIONAL CHURCH

1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 10:30 a.m. Website: [www.taecc.com](http://www.taecc.com)

## COVENANT PRESBYTERIAN CHURCH

2439 McGregor Boulevard, 334-8937 Reverend Dr. Jeffrey DeYoe, Senior Pastor Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery available.

## CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers, 481-5442 Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

## CYPRESS LAKE

## PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers, 481-3233. [www.clpc.us](http://www.clpc.us). Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

Combined Traditional/Praise 10 a.m.

## CYPRESS LAKE UNITED

## METHODIST CHURCH

8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

## FAITH FELLOWSHIP WORLD

## OUTREACH MINISTRIES

6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m.

Nursery care for pre-school children and Children's Church ages 5 to 12 available.

## FAITH UNITED METHODIST CHURCH

15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel.

## FIRST CHURCH OF CHRIST, SCIENTIST

2390 West First Street, next door to Edison Estates. 10:30 a.m. Sunday Service and Sunday School; 12 noon Wednesday Testimony Meeting. Child care provided at services. Reading Room located in church building for quiet study and information about Christian Science. Monday and Friday noon to 4 p.m., Wednesday 1 to 4 p.m. [christiansciencefortmyers.net](http://christiansciencefortmyers.net), [christianscience.com](http://christianscience.com)

## FIRST CHURCH OF THE NAZARENE

13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor Reverend Joey Brummett Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m.

## FIRST UNITED METHODIST CHURCH

Downtown Fort Myers River District, 2466 First Street, 332-1152. [www.fumcftmyers.org](http://www.fumcftmyers.org). Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group.

## FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers, 437-4330 Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15 a.m.

## FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;

8210 College parkway, Fort Myers, 482-3133. Reverend Anton DeWet, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m. Friendship Time follows worship.

## IONA-HOPE EPISCOPAL CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services.

## JESUS THE WORKER

## CATHOLIC CHURCH

881 Nuna Avenue, Fort Myers, 481-1143 Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m.

## KINGDOM LIFE CHURCH

2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service.

## LAMB OF GOD CHURCH

A few federated Lutheran (ELCA) and Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. [www.lambofgodchurch.net](http://www.lambofgodchurch.net). Reverend Dr. James Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m.

## NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m. Kingdom Teaching 7 p.m. Fellowship and refreshments. [nbcministry@embarqmail.com](mailto:nbcministry@embarqmail.com), [www.facebook.com/nbcministry](http://www.facebook.com/nbcministry). Alex and Patricia Wiggins, Ministers

## NEW COVENANT EYES CHURCH

See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. [www.newcovenanteyes.com](http://www.newcovenanteyes.com). LIFT Kidz program, free coffee and donuts.

## NEW HOPE BAPTIST CHURCH OF FORT MYERS

16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m. Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

## NEW HOPE PRESBYTERIAN CHURCH

3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. [www.newhopefortmyers.org](http://www.newhopefortmyers.org).

## PEACE COMMUNITY CHURCH

Fort Myers Beach Masonic Lodge. 17671 Pine Ridge Road. 267-7400 Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship: 10:30 a.m. [www.peacecommunitychurch.com](http://www.peacecommunitychurch.com).

## PEACE LUTHERAN CHURCH

Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, [www.peaceftmyers.com](http://www.peaceftmyers.com), [peace@peaceftmyers.com](mailto:peace@peaceftmyers.com).

## REDEEMER LUTHERAN CHURCH

3950 Winkler Ext., Fort Myers, 274-0143 8:15 and 10:15 a.m. Sunday Services Daily early learning center/day care.

## RIVER OF LIFE ASSEMBLY OF GOD

21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m. Services; 11:30 a.m. Legacy Service, multi-generational.

## SAMUDRABADRA BUDDHIST CENTER

Meditation classes. Guided meditations, methods to relax body and focus mind on virtuous objects. Bring peace and happiness into daily activity. 567-9739. [www.MeditationInFortMyers.org](http://www.MeditationInFortMyers.org).

## SAINT COLUMBKILLE

## CATHOLIC CHURCH

12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973. Father Lorenzo Gonzalez. Monday 6:30 p.m., Tuesday through Saturday 8 a.m.

Saturday 4 p.m.; Sunday 8, 10 a.m. and 5:30 p.m. Reconciliation Saturday 9 a.m. or by appointment.

## ST. FRANCIS XAVIER

## CATHOLIC CHURCH

2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 12:15, 4 Creole and 6 p.m.

## SAINT JOHN THE APOSTLE

## METROPOLITAN COMMUNITY CHURCH

3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation Sunday Services 10 a.m.

## SAINT MICHAEL LUTHERAN

## CHURCH & SCHOOL (LCMS)

3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

## SAINT PETER LUTHERAN CHURCH

3751 Estero Boulevard, Fort Myers Beach, 463-4251, [www.stpeterfmb.com](http://www.stpeterfmb.com).

Sunday worship service at 9:30 a.m.

## SAINT NICHOLAS MONASTERY

Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. [www.saintnicholasmonastery.org](http://www.saintnicholasmonastery.org).

## ST. VINCENT DE PAUL

## CATHOLIC COMMUNITY

13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday.

## SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednsday Service 6 p.m.

## TEMPLE BETHEL SYNAGOGUE

16225 Winkler Road Fort Myers. 433-0018, [www.templebethel.com](http://www.templebethel.com). Rabbi Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

## TEMPLE JUDEA (CONSERVATIVE)

14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. [www.tjsfwl.org](http://www.tjsfwl.org).

## THE NEW CHURCH

The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. <http://www.newchurchflorida.com>. 481-5535.

## UNITARIAN UNIVERSALIST

## CHURCH FORT MYERS

13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. [www.uucfm.org](http://www.uucfm.org).

## UNITY OF BONITA SPRINGS

28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.

## UNITY OF FORT MYERS

11120 Ranchette Road, Fort Myers Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, [www.unityoffortmyers.org](http://www.unityoffortmyers.org). Our God is Love, Our Race is Human, Our Religion is Oneness

## WESTMINSTER PRESBYTERIAN

## CHURCH (PCA)

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Pastor: Byron West. Sunday Services: 9:30 a.m. Discipleship Classes for all ages, 10:30 a.m. Fellowship & Coffee, 10:45 a.m. Corporate Worship.

## WORD OF LIFE CHURCH

2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi

## ZION LUTHERAN CHURCH

7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Eductional Hour. [www.zionfm.org](http://www.zionfm.org) ✠



# Cancer Center's Bucks For Ducks Fundraiser Is Under Way



**Bucks For Ducks will return for the sixth time in 2016**

photos courtesy LMHS

The Bucks For Ducks fundraiser lets you honor your breast cancer hero while helping save lives. Your donation supports Lee Memorial Health System (LMHS) Breast Health Centers' mammography fund to assist less fortunate patients with breast cancer detection. For the past six years in October, the ducks have transformed the reflection pond at the Regional Cancer Center into a bright, cheerful symbol of hope during Breast Cancer Awareness Month.

Each Bucks For Ducks donor is given their own pink rubber ducky to adorn with a personal message or to name in honor of a loved one. The rubber duckies are \$3 each or two for \$5. The ducks are available at the following donation sites:

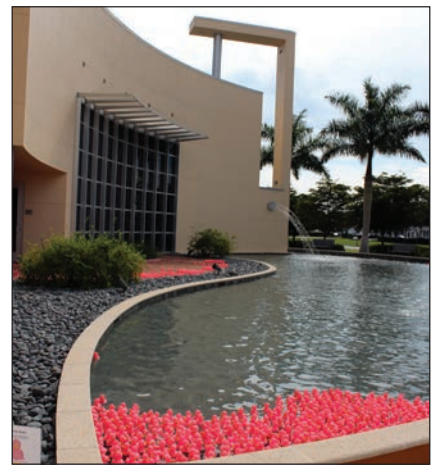
- Regional Cancer Center, 8931 Colonial Center Drive, Suite 200 in Fort Myers
- Outpatient Center at the Sanctuary Breast Center, 8960 Colonial Center Drive in Fort Myers

- Outpatient Center at HealthPark Commons Breast Center, 16281 Bass Road, Suite 204 in Fort Myers
- Outpatient Center at Surfside, 2441 Surfside Boulevard in Cape Coral

As the ducks are purchased, they are placed in the reflection pond at the Regional Cancer Center. The flock will gather throughout October in recognition of Breast Cancer Awareness Month. The Breast Health Center staff will be happy to place a duck in the reflection pond for donors who are unable to come to one of the donation sites.

A memorial and blessing of the ducks will take place at noon on Monday, October 31. All are welcome.

For more information, or to make a donation, call Diana Hammock at 343-9452.✱



**Rubber ducks floating in the fountain**

## Library Plans Comic Fest

Fort Myers Regional Library's Comic Fest splashes onto the calendar on Saturday, October 15 from noon until 4 p.m. at the 2450 First Street campus in Fort Myers.

Keynote speaker Stephen Hayford, a diorama artist, will present *Star Wars: The Force Awakens – Working In Secrecy*.

Family friendly activities include trivia contests, tabletop gaming, video games, Japanese culture, coloring, 3D printing, karaoke, a costume parade and a selfie station.

Artists will showcase henna, sculpture and other types of art for sale. Comics, games and anime paraphernalia will also be available for purchase.

"We are grateful to the Friends of the Fort Myers Regional Library for sponsoring this important community event," said Library System Director Sheldon Kaye. "It will provide a fun place to interact and be creative, while the library promotes graphic novel collections, literacy and library services."

The event is free to attend. Pre-registration is required for some activities. Attendees must follow rules about costumes, clothing, safety and code of conduct. Register and see the rules of conduct by visiting [leelibrary.net](http://leelibrary.net).✱

From page 1

## Shell Point



**Britain's Got Talent stars, The Jive Aces, play on March 30**

enhances the acoustics of the space and provides greater clarity of sound, resulting in a pleasing experience for concertgoers," said Randy Woods, minister of worship and music at The Village Church.

The Fine and Performing Arts lineup is:

- The Four Freshmen – Saturday, November 12 at 7:30 p.m.

- Cantus – Tuesday, December 6 at 7:30 p.m.

- American Portraits, Featuring Dallas Brass and Daniel Rodriguez – Thursday, January 12 at 7:30 p.m.

- River City Brass – Thursday, February 16 at 7:30 p.m.

- Jive Aces – Monday, March 20 at 7:30 p.m.

- Bonus Concert: The Barbary Coast Dixieland Band – Tuesday, February 28 at 7:30 p.m.

Concerts and Conversations offers classical music aficionados an opportunity



**Classical pianist You Ju Lee will give a chamber-style performance on January 5**



**Shell Point and Southwest Florida Symphony present Small-Stage Symphony Series: *Concierto de Aranjuez* with conductor Nir Kabaretti and guest guitarist Tim Berens on March 9**

to experience concerts in an intimate setting, followed by a dessert reception with the musicians after the performance. The schedule is:

- William and Beth Larsen, flutists – Monday, November 21 at 7 p.m.
- You Ju Lee, classical pianist – Thursday, January 5 at 7 p.m.
- Fred Moyer Jazz Trio – Friday, February 24 at 7 p.m.
- Danut Muresan, violinist – Monday, April 3 at 7 p.m.

Shell Point is partnering with the Southwest Florida Symphony to present several performances that showcase the best of classical orchestral compositions. The are:

- Holiday Pops: The Holidays in Paradise – Monday, December 12 at 7:30 p.m.
- Small-Stage Symphony Series: *Gloria*, with the FGCU Chamber Choir – Thursday, February 9 at 7:30 p.m.

- Small-Stage Symphony Series: *Concierto de Aranjuez* – Thursday, March 9 at 7:30 p.m.

Individual tickets range from \$15 to \$35. Advance ticket packages are also available by musical series, and provide savings up to \$50. Make your reservations by contacting the box office at 454-2067 or by visiting [www.shellpoint.org/concerts](http://www.shellpoint.org/concerts).✱



## Transition Month Fishing



by Capt. Matt Mitchell

**F**ishing action for the last few weeks just keeps getting more and more consistent. Cooling water temperatures from the daily afternoon rains, along with massive

amounts of easy-to-catch bait, made catching quality fish relatively simple. Catching 20 or more snook a trip, along with a handful of upper slot redfish, has been the normal charter for the past few weeks. Mangrove snapper, jacks, mackerel, gag grouper and ladyfish all continue to be part of the mixed bag action experienced while casting live shiners.

Reports of big fish kills caused by red tide both in Sarasota and Charlotte counties to the north have currently not affected our beaches or Pine Island Sound

at all. Even if you do see a few dead fish out along the beaches in the next few weeks, don't write off going fishing or booking a fishing charter. Often these fish have died many miles from here and have been pushed up on our beaches by wind and tide. Several times this week, I had scheduled clients call to ask me if it was even worth going fishing after seeing the reports of red tide on our local news. When it comes to the conditions of our local waters, who better to ask than the people who are on the water every day.

Over the past few weeks, baitfish have returned to the bridges of the Sanibel Causeway by the millions. This happens every fall as the bait migration kicks into full swing. This bait stays on the deep water bridge pilings until the very coldest months of winter. With more water releases now going on from Lake Okeechobee, I did not expect this to happen quite so quickly this year. During calm periods at first light, all the causeway bridges are loaded with baitfish popping and clicking. They can be seen on the surface along with tarpon rolling and mackerel feeding.

October is a big transition month for anglers, not only to target all the usual species, but many of the migratory



Visiting from Clearwater, Joe and family caught a limit of redfish while fishing with Capt. Matt Mitchell this week

ones too. Keeping your options open while out on the water will help make you more successful. Although lots of the bait migration happens out along the beaches, it is also going on in the sound too. Having the right rod rigged and readily at hand lets you quickly jump on an opportunity when it arises. Often when you do see surface feeding or cruising fish, you have a very short window to present them a bait before they disappear. Have at least one rod

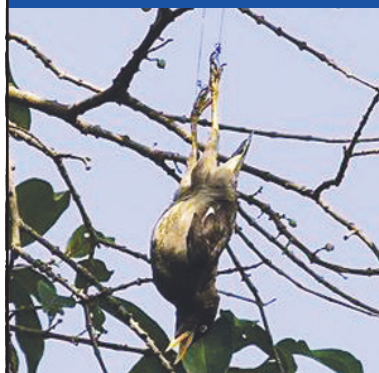
onboard rigged with a long casting jig or spoon just in case. In the time it takes to grab a rod and hook-up a bait, that chance can be gone.

*Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).*✱

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Dave Doane



# Mangrove Cuckoo Studies Resume At 'Ding' Darling Refuge

The smallest-ever satellite transmitter is the new key to tracking the seasonal movements of the elusive mangrove cuckoo at the JN "Ding" Darling National Wildlife Refuge on Sanibel Island.

The "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) contributed \$8,000 in funding to underwrite the research, thanks to donors Judy Samelson and Bill Schwabel. A portion also came from the annual Go Wild For "Ding" fundraiser.

The Avian Research and Conservation Institute (ARCI) of Gainesville, Florida will be tracking three individual cuckoos tagged at the refuge using the same technology deployed for ARCI's ongoing reddish egret tracking study based there.

"This exciting opportunity would bring long-term, long-distance tracking technology to a bird that is too small to be tracked in virtual real time by any other method," said Dr. Kenneth D. Meyer, ARCI executive director. Meyer will be speaking at the refuge during "Ding" Darling Days on Monday, October 17 at 1



An adult mangrove cuckoo photo by Geri Biggs



A juvenile mangrove cuckoo

photo by Bill Fischer

p.m. about both his reddish egret and mangrove cuckoo tracking studies.

"There is so little known about this secretive bird to help us understand management and species survival," said DDWS President Doris Hardy. "This new study will take up where a previous one using more traditional technology left off at the refuge a couple of years ago. We are pleased to have Dr. Meyer and his competent team on task."

Refuge Manager Paul Tritaik agreed. "Dr. Meyer and his team at ARCI have access to the very latest technology that will finally help us get answers to those basic nesting and migration questions that have proved as elusive as the mangrove cuckoo itself," he added.

The refuge provides housing for researchers during their refuge visits.✱

## Plant Smart

### Dusty Miller



Dusty miller, a non-native groundcover, is liked for its ornamental soft silvery leaves photo by Gerri Reaves

by Gerri Reaves

Dusty miller (*Senecio cineraria*) is a non-native Florida-friendly annual and a member of the aster family. Native to Mediterranean regions, this groundcover has soft fuzzy leaves that contrast prettily in texture and color with other bright flowers or foliage.

Leaf color among the cultivars varies from silvery or grayish green to silver-white. Desirable ornamental effects include glowing in the moonlight or serving as a background in cut-flower

arrangements. Those silvery colors give it another common name, silver ragwort.

Leaf shapes can differ among plants, varying from toothed to lance-like, from shallowly to deeply lobed. The many-divided leaves of four to eight inches long produce a lacy or delicate, fern-like appearance.

Just before summer sets in, flat-topped clusters of small inconspicuous deep-yellow daisy-like flowers appear. It usually grows from one to one-and-a-half foot high.

In South Florida, dusty miller thrives only in the cooler months, tending to languish in summer heat and rain.

Give it a well-drained spot in full sun, ideally, or in partial shade. This slow-grower works as a border plant, container plant, or in a mass planting.

It is somewhat drought-tolerant, but might need irrigation until it's established. Be careful not to over-water it.

Caterpillars are common pests for this plant.

The plant juices have been used in the treatment of cataracts. It is toxic if ingested.

For maximum benefit to butterflies and other pollinators, consider planting groundcovers that are native to Florida.

Sources: *Florida Gardener's Guide* by Tom MacCubbin and Georgia B. Tasker, edis.ifas.ufl.edu, and floridata.com.

Plant Smart explores the diverse flora of South Florida.✱

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## Fishing Tournament Raises \$36,000 For Hope Hospice



Heather Chester of Hope Hospice, center, and tournament organizers Ralph and Amy Andrew show off the record funds raised for Hope Hospice during the 12th annual Fillet and Release Fishing Tournament at Matanzas on the Bay photo courtesy Hope Hospice

Matanzas on the Bay on Fort Myers Beach hosted the 12th annual Fillet and Release Fishing Tournament, raising \$36,000 to benefit Hope Hospice. A total of 104 boats participated in the light tackle, inshore fishing tournament on September 24, raising a record amount for Hope Hospice. In addition to the funds raised through entry fees, the first place and second place teams also donated \$5,000 and \$1,000, respectively, of their winnings to Hope Hospice.

"This year's Fillet and Release Fishing Tournament was another huge success, with Southwest Florida anglers coming together to help raise a record number of funds for Hope Hospice," said Glen Petrarca, general manager of Matanzas on the Bay. "Hope Hospice does so much to care for those in need, and we are honored to support its mission by hosting this community event each year."

Amy Andrew, event coordinator of the Fillet and Release Fishing Tournament, has led

the annual event since its inception in 2004 to raise funds for Hope Hospice, a nonprofit organization that has taken care of many families, including her own. The 12th annual tournament marked Andrew's final year leading the event.

"Happy to say that I went out with a bang my final year. Being able to give \$36,000 to Hope Hospice is a great feeling," Andrew said. "Over the past 12 years, I have raised \$129,540. I feel like I have done my part to give back for all Hope Hospice did for my family. I know my grandma and grandpa would be proud. Thanks to everyone who helped make the Fillet and Release for Hope Hospice such a successful event."

The winning teams of the 2016 Fillet and Release Fishing Tournament include:

First Place – Reel Nauti Davis: Eric and Alexandria Davis

Second Place – Ferguson: Scotty Darna, Tyler Evenson, Robert Ball and Dylan Geraci

Third Place – Renegade: Dillon Massie, Brian Harris, Lisa Harris and Troy Gale

Redfish Calcutta – Reel Nauti Davis: Eric and Alexandria Davis

Mystery Fish – Team Shenanigans: Karl Butigian, Rick Jordan and Jeff Lindsey

Female Largest Redfish – Reel Nauti Davis: Alexandria Davis

Smallest Legal Redfish – Miley's Diesel Service: Steve Miley, Donna Miley and John Judge.

Winners were determined by the total weight of fish caught. Eligible species included redfish and snook, and all fish were released following the weigh-in.✱

## Global Climate Anomaly Is Focus Of Panel Discussion

Florida SouthWestern State College (FSW) will host The Year Without Summer: A Panel Discussion in the Bob Rauschenberg Gallery on the Thomas Edison Campus on Saturday, October 8 at 1 p.m.

FSW English/Honors professor Marty Ambrose will join internationally acclaimed artist Keith Edmier and New York University's (NYU) Dr. Karen Holmberg on an interdisciplinary panel discussing the bicentennial of The Year Without Summer, a global climate anomaly in 1816 resulting from the eruption of Mount Tambora in Indonesia.

Ash from the eruption spread across the Northern Hemisphere causing cooler than average temperatures, higher rainfall and gloomy skies, which resulted in the failure of crops, disease and famine. The weather that year was also said to have inspired Mary Shelley to write a short story that later would become *Frankenstein*.

Ambrose, the author of eight published novels and a professor at FSW for three decades, specializes in British Romanticism. While writing her latest novel, *Claire's Last Secret*, set in 1816, she found that Tambora was a central symbol of the interconnectedness of nature, people and generations in that time period.

Edmier, whose exhibition Edison Impluvium ran in the Bob Rauschenberg Gallery from December 2015 to February 2016, used actual ash from the eruption in a 2010-2014 sculpture on the anomaly. Dr. Holmberg, a visiting archaeology professor from NYU, is a self-proclaimed "volcano fetishist" who focused her doctoral research on disaster, perception and environmental change over human history.

Events at the Bob Rauschenberg Gallery at FSW are free and open to the public. The gallery is on the Thomas Edison Campus at 8099 College Parkway in Fort Myers. Gallery hours are Monday through Friday from 10 a.m. to 4 p.m. and Saturday from 11 a.m. to 3 p.m., closed Sundays and holidays (including FSW Spring Break from March 7 to 13).

For more information, visit [www.RauschenbergGallery.com](http://www.RauschenbergGallery.com) or call 489-9313.✱



A depiction of the Mount Tambora eruption

image courtesy FSW

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## CROW Case Of The Week:

## Wildlife Ambassador



by Bob Petcher

Animals that do not fully recover from injuries or illnesses still can live a productive life, though probably not in the wild. While these creatures have received physically and/or mentally debilitating injuries

and are deemed non-releasable, they still have the opportunity to acclimate from forager to educator.

Enter the wildlife ambassador.

At CROW, countless animals have come to the medical hospital with various injuries from around Southwest Florida. Many of these patients have been successfully rehabilitated and released back into the wild where they were first found wounded.

Unfortunately, even while CROW medical staff provides outstanding treatment to all patients, some are just beyond repair. Instead of giving up on these animals, they have been given a second chance as a wildlife ambassador. This new role allows children and adults to get up close and personal with creatures from around the world.

CROW officials believe education is an integral part of the nonprofit organization

and essential to its mission. Rehabilitation and education staff members at the Sanibel clinic train and keep some animals on campus for educational programming, such as Lola, an American kestrel; Sneezzy, a Virginia opossum; and Sheldon, a gopher tortoise. Many are sent to exhibition facilities to teach audiences of all ages "the importance of respecting wildlife."

"Education is an essential to affect change," said CROW Education Coordinator Rachel Rainbolt. "Because there is a great deal of misconceptions about wildlife, there exists a need for greater understanding and respect. When an animal ambassador is used during programs, it helps to foster more positive interactions in a monitored environment."

Animals have become quite effective in their roles as ambassadors, thus increasing human awareness.

"Education improves a person's awareness of the intrinsic value of wildlife, thus increasing their appreciation for the connection between humans, animals and the environment," said Rainbolt.

Last week, an American bald eagle was brought to CROW from Cape Coral after it was found unable to fly near a canal. Two eagles were spotted flying above the injured bird. It was deduced there was possibly an altercation between the eagles.

The national bird arrived with superficial wounds and mild dehydration. X-rays showed total displacement of the bones that make up the "fingers" of the wings. Due to the injury, CROW medical staff decided to amputate the patient's minor and major metacarpal bones, making it non-releasable. Officials say it will become an education animal ambassador and that they are currently trying to find a facility



Due to injuries, patient #16-3127 can no longer fly and fend for itself. He will not be released but instead be sent to a facility to become a wildlife ambassador.

photo by Kenny Howell

for placement.

While wildlife ambassadors have become accustomed to be more receptive of people, CROW officials point out it is vital that facility visitors know that these animals are still wild.

"Even though animal ambassadors have been conditioned to be more tolerant of human contact, it's crucial that audiences are aware that these animals are not pets," added Rainbolt. "They are wildlife and still maintain all of the same fears and anxieties as if they were in their natural

surroundings. Proper safety must be exercised at all times, so ambassadors are under close supervision of CROW's staff, students and volunteers during programs."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).

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## Fishing Pier Dedicated At Trailways Camp



**Benjamin Miller, center, cuts the ribbon to officially open the new access ramp and fishing pier at Trailways Camp, located at the Riverside Retreat Center in Alva. Assisting Miller at the ceremony are Annie Williams, left, and camp coordinator Jesi Cason**

photos by Jeff Lysiak

by Jeff Lysiak

What began as a dream more than three years ago finally became reality on the morning of September 21 when a new ADA-compliant walkway and fishing pier was dedicated at Trailways Camp, a recreational getaway for adults with special needs located at Riverside Camp & Retreat Center in Labelle.

According to Sharon and Jerry Miller, the Sanibel residents who established Trailways Camp in 2012, they had long wanted to construct a fishing pier at the camp. However, a steep slope leading down to the Caloosahatchee – where campers fish, canoe and hike along the river's bank – created a number of challenges to overcome.

"I think I didn't appreciate the difficulty we would have fishing there," said Jerry Miller, who pointed out that many of the campers use wheelchairs, canes or walkers. "At first, I didn't think it was going to be that big a project... but it really was."

Despite the complications, the Millers decided to move forward with plans to construct a wooden ramp boardwalk with railing on both sides down the 100-foot grass slope. They also called upon one of their island neighbors, Dean Skaugstad, to assist them in planning and building the ADA-compliant walkway and fishing pier.

"I've built a lot of ramps before, but never up an embankment," said Skaugstad, a member of The Hammerheads on Sanibel. "That sort of complicated things by ten-fold... but I'd do it all again in a heartbeat."

Along with acquiring permits, securing funding and assembling a team of volunteers, Jerry Miller explained that designing the zig-zagging walkway down the hill presented its own set of challenges.

"In order to make the ramp safe for wheelchairs, you can only go down one inch for every foot," he said. "(Sanibel-Captiva Lions Club member) Dick Travas spent hours on the ground measuring that slope, but we finally figured out how to do it. The ramp is 225-feet long and has four turnarounds." In addition to Skaugstad and Travas, the Millers pointed out that Al Gettemy, Jim Brent, Cliff Nolan and Bev Web made the long haul from Sanibel out to Labelle to assist in the construction of the walkway and pier.

On September 21, a crowd of more than 60 campers, staff, volunteers and supporters of Trailways Camp gathered at Riverside Camp & Retreat Center to dedicate the structure. During the ribbon-cutting ceremony, the Millers thanked all in attendance, recognizing several groups, organizations and individuals who made the walkways and fishing pier possible.

Sharon Miller offered her gratitude to Sarah Owen, president and CEO from



**Sarah Owen, president & CEO of the Southwest Florida Community Foundation**



**People walking down to the fishing pier along the handicap-accessible ramp leading to the Caloosahatchee**



**Trailways Camp staff, volunteers and community supporters gathered for a group photo prior to the fishing pier dedication**

the Southwest Florida Community Foundation, Rick Evanchyk, president and CEO from Goodwill Industries of Southwest Florida, Dave and Cheryl Cobham, Pastor Brad Livermon and the Sanibel Community Church Missions Committee, Debi Almeida, president from the Sanibel-Captiva Lions Club, the Sanibel-Captiva Conservation Foundation, Florida United Methodist Camps & Retreats, The Lucerne Foundation's Logos Fund and several anonymous donors, along with more than 50 community volunteers.

"A vision that began three years ago as a special project for a targeted population became a community project that will now enhance and add sustainability for the entire Southwest Florida community... and isn't that just special?" said Sharon Miller.

Those in attendance were very impressed with the structure, along with the effort it took to get it built. Jesi Cason, Trailways Camp coordinator, told several campers they'll be able to enjoy the pier "for many years to come."

"This pier stands as testimony of what can happen when you are dedicated to creating something special," said Owen. "Seeing this inspires me, and I'll carry that feeling with me wherever I go."

Skaugstad, who was honored by the surprise announcement that the fishing pier was dedicated in his honor, hopes that campers will enjoy using the structure for a long time. "Being able to see the campers using this... it's like I'm being paid back 100 times what I put into this," he added.

Trailways Camp removes barriers and social isolation by giving participants a chance to experience quality social recreational experiences – including fishing, swimming, hiking, karaoke, talent shows, field trips, canoeing, arts and crafts, dances and campfire sing-alongs – in a safe environment while giving respite to their families and caregivers.

continued on page 17



**Marlene Jackson singing the national anthem**



## Baseball Festival Raises Funds For Golisano Children's Hospital

Earlier this month, the Perfect Game (PG) Select Baseball Festival, held at JetBlue Park in Fort Myers, raised more than \$29,000 for the Golisano Children's Hospital of Southwest Florida. In addition to the donations raised, the players and their parents took a tour of the facility, meeting with patients and handing out signed baseballs. Each team also signed a Golisano-labeled jersey to be framed and hung in the new hospital after its opening in March 2017.

The PG Select Baseball Festival took place over the course of Labor Day weekend, showcasing 40 of the best 14-under youth baseball players in North America. The game exhibition was streamed on MLB.com and broadcast live nationally on Fox Sports from JetBlue Park, the spring training home of the Boston Red Sox and the site for countless other PG events. A huge success, PG has plans to expand the festival next year to include three tournaments with additional age groups.

For more information about Perfect Game, please visit [PerfectGame.org](http://PerfectGame.org).✱



Jayden Salazar was the MVP for the event



From left, Jovita Salazar, Caileb Salazar, Jayden Salazar, Jaxson Salazar, Jason Powella (representative of Lee Memorial Health System Foundation), JJ Salazar, Kathy Salazar, Skip Leonard (chief foundation officer for Lee Memorial Health System Foundation), Jaime Salazar and Ben Ford (director of Florida operations for Perfect Game)

photos courtesy Golisano Children's Hospital of SWFL

From page 16

## Trailways Camp



Sharon Miller receives a hug from Riverside Retreat Center Director David Weber



Karson Turner, Hendry County commissioner



Campers making their way down to the fishing pier

More than 30,000 adults with disabilities and special needs reside in Southwest Florida.

The next Trailways Camp will be held from November 2 to 5. Applications may be completed online at <http://goodwillswfl.org/trailwayscamp>. You may also contact the Trailways Camp coordinator, Jesi Cason, at 357-3623 or [jescason@goodwillswfl.org](mailto:jescason@goodwillswfl.org) for additional information.

Financial contributions may be sent by mail to the Robert V. & Benjamin G. Miller Fund, c/o Southwest Florida Community Foundation, 8771 College Parkway, Building 2, Suite 201, Fort Myers, FL 33919.✱

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# Odds Say Cubs/Red Sox World Series, But History Tells Us Otherwise



by Ed Frank

If you're a betting baseball fan, the odds-makers in Las Vegas tell you that the Chicago Cubs and the Boston Red Sox are the best two teams in baseball with Chicago leading the way to win it all at 12/5 championship odds.

The Cubs were the favorites before the season began (5/1 odds). All they've done for the last six months is to increase the belief they will win their first title since 1908 – the longest draught by far in professional sports.

They are the only team this season to win more than 100 games (103), and they ran away with the National League Central Division by 17-1/2 games. With the likely Most Valuable Player

in third baseman Kris Bryant and baseball's best pitching staff, the Cubs also will enjoy home field advantage throughout the National League playoffs.

As good as the Cubs have been all season, perhaps the next best story in baseball this year was the last-to-first resurgence of the Boston Red Sox, the American League Eastern Division Champions.

A little more than a year ago, after last-place division finishes in three of the last four years, the Red Sox hired veteran baseball executive Dave Dombrowski to reverse the fortunes of this storied franchise.

Few in baseball thought the turn-around would be this quick, but next to the Cubs, Boston, who is facing the Cleveland Indians in the AL Division Series, has 5/1 World Series odds, just ahead of the Texas Rangers at 6/1 odds.

Before you get carried away with these World Series odds, let's get back to reality with the simple fact that baseball's best regular season record means very little when it comes to winning the world title.

Since the beginning of the wild-card era in 1995, only four of 26 teams that finished the regular season with the best record – just 15.4 percent – went on to win the World Series.

They are the 1998 New York Yankees (114 wins); the 2007 Boston Red Sox (96 wins); the 2009 Yankees (103 wins), and the 2013 Red Sox (97 wins).

However, the percentage did improve for these 26 teams advancing to the league championship series (57.7 percent) and nine (34.6 percent) moving on to the World Series.

I wrote a few weeks ago that it would be a dream World Series if the Red Sox and the Cubs faced each other.

The Las Vegas odds-makers tell us that these two teams have the best odds to reach the "big show."

But history tells us otherwise. Let's hope Las Vegas is correct and history is wrong.

## Twins Hire Derek Falvey To Resurrect Sunken Franchise

Not only did the 2016 Minnesota Twins finish with the worst record in Major League Baseball at 59-103, it also was the worst record since the Twins moved to Minnesota in 1961. This inglorious record exceeded the 60-102 record of the 1982 Twins.

To salvage the ship, the Twins announced Monday that they have hired Derek Falvey, the assistant general manager of the Cleveland Indians, as executive vice president and chief baseball officer.

Just 33 years old, Falvey has spent the last nine seasons with Cleveland and has been involved in all areas of baseball operations including recruitment, contractual dealings and player development.

In assuming his new role with the Twins (he will not begin until Cleveland ends its postseason play), Falvey will oversee all aspects of the team including coaches, support staff, contract negotiations, player development, scouting, research, medical and communications.

He is one of the new breed of baseball executives that didn't come up through the ranks. Falvey is a graduate of Trinity College with a degree in economics.

Minnesota also is expected to appoint a new general manager to assist Falvey.✱

## SPORTS QUIZ

1. Name the last team before the Toronto Blue Jays in 2015 to have two winning streaks of at least 11 games in the same season?
2. In 2015, Texas pitcher Yovani Gallardo became the fourth native of Mexico to win at least 100 major-league games. Name two of the first three to do it.
3. In what sport other than football is legendary running back Jim Brown a member of a Hall of Fame?
4. In 2015, Denzel Valentine became the fourth player in Michigan State men's basketball history to have a triple-double in a game. Name two of the first three to do it.
5. Which country has won the most Ice Hockey World Championships?
6. In 2016, bowler Jesper Svensson, 20, became the youngest player to win the PBA's Tournament of Champions. Who had been the youngest?
7. Between 2000 and 2016, how many horses won the first two races (Kentucky Derby, Preakness Stakes) of the Triple Crown?

## ANSWERS

1. The Cleveland Indians, in 1954. 2. Fernando Valenzuela (173 victories), Esteban Loaiza (126) and Ismael Valdez (104). 3. The Lacrosse Hall of Fame. 4. Magic Johnson, Draymond Green and Charlie Bell. 5. The combined Soviet Union/Russian team has 27 world championships. Canada has 26. 6. Melsa Hall Holman was 21 when he won the event in 1976. 7. Seven and American Pharoah (15).

## Preventing Identity Theft And Scams

Retirees in Southwest Florida now have the opportunity to learn how to prevent identity theft and becoming a victim of current scams thanks to Hodges University and a generous donation from AARP of Florida.

Hodges University's Identity Fraud Institute will host sessions from 3 to 4 p.m. on Thursday, October 13 in the John White Community Room on the university's Naples campus, as well as on Thursday, October 20 in the Kleist Community Room on the Fort Myers campus. Two additional sessions will be held in November.

Carrie Kerskie, director of Hodges' Identity Fraud Institute, views the event as an opportunity to "educate consumers about identity theft and current scams." In addition, Kerskie encourages retirees living in Southwest Florida to participate in this event. "The Identity Fraud Institute at Hodges University believes that

education is key in the fight against fraud, scams and identity theft," said Kerskie. "By attending this event, you will become better prepared to detect, prevent and mitigate fraud and identity theft."

During the hour-long sessions, attendees will hear from a panel of experts focusing on fraud and identity theft protection. Panelists for the events include experts from the Collier County Sheriff's Office, Florida Department of Agriculture & Consumer Services, Hodges University, CPR Tools, Inc., IRS Criminal Investigation, CyberSecurity Defense Solutions and Vernon Litigation Group. Jeff Lytle, retired *Naples Daily News* editorial page editor and TV host, will serve as the moderator for both events.

These community forums are free; however, advanced registration is required. To register, visit [https://hu.formstack.com/forms/ifi\\_public\\_forums](https://hu.formstack.com/forms/ifi_public_forums) or contact Carrie Kerskie, director of the Identity Fraud Institute at Hodges University, at [ckerskie@hodges.edu](mailto:ckerskie@hodges.edu) or 598-6281.✱

## Golf Tourney To Feature Chance For Motorcycle

The CROW Classic Golf Tournament will take place on Saturday, October 15 at The Sanctuary Golf Club and will feature a unique hog-in-one (hole-in-one) prize. Golfers will play for a chance to win a Harley-Davidson 2016 Dyna Street Bob (FXDB) black den motorcycle supplied by Six Bends Harley-Davidson with insurance provided by a generous donor. The hole-in-one is located on the 180-yard, 4th hole.

"We are anticipating a very exciting tournament. Golfers will enjoy the opportunity to play golf on a nationally acclaimed course and a chance to win

an iconic motorcycle all while helping support local wildlife," said David Nichols, DVM, CROW's board president.

Proceeds from the event help support the care and treatment of wildlife through state-of-the-art veterinary care, research, education and conservation medicine.

The tournament will be a scramble format. The deadline to enter is Tuesday, October 11. Entrance fee is \$1,000 per foursome and includes a box lunch, 19th Hole with hors d'oeuvres, contest and prizes. Tournament day check-in begins at 11:30 a.m. with the shotgun start at 12:30 p.m. and helicopter ball drop at 5:15 p.m.

To register a foursome, contact Mary Schoeffel, development director at 472-3644 ext. 232 or [mschoeffel@crowclinic.org](mailto:mschoeffel@crowclinic.org).

For more information, visit [CrowClinic.org](http://CrowClinic.org).✱



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## Local Heroes Honored



From left, Judi Mittino, Sen. Lizbeth Benacquisto, Morgan Bowden, Mike Hardesty and Richard Hoskins  
photos courtesy Wildcat Run Golf & Country Club

On September 14, the members of Wildcat Run Golf & Country Club in Estero welcomed local representatives from the Estero Fire Rescue, Lee County Sheriff's Office and Lee County Public Safety for a golf tournament in appreciation of their heroic efforts in the community.

Attended by Senator Lizbeth Benacquisto, the goodwill effort celebrated nearly 100



Front row, from left, Janet Huston, Linda Scalley and JoAnne Vicidomini. Back row, from left, Larry Cronin, Gina Turkel, Judy Mittino, Kathy Goldhawk and Richard Hoskins.

emergency first responders of Estero during the day-long Wildcat Gives Back event.

"We are honored to host this amazing group of first responders to a complimentary and fun-filled day of golf and lunch," said board president Judy Mittino. "These men and women are so appreciative of this annual day, and we as a community are appreciative of their efforts to keep all individuals safe and secure."\*

## Coalition To Host Dinner And Silent Auction

This year in Lee County, there are approximately 2,300 people without a place to call a home. To help raise funds and awareness to end homelessness, the Lee County Homeless Coalition invites the community to the 1960s hippie-themed 12th annual dinner and auction on Saturday, November 5 at the

Colonial Country Club, located at 9181 Independence Way in Fort Myers. The evening begins at 6 p.m.

Tickets are \$50 for coalition members and \$60 for non-members. Sponsorship opportunities ranging from \$300 to \$2,500 include tickets and recognition at the event.

Members of the community can help the Lee County Homeless Coalition by donating items for the silent auction. Proceeds from the dinner support the coalition and their mission.

Opening remarks will be made by businessman Francis Rooney, and this

year's special guest speaker will be Tracey Galloway, CEO of Community Cooperative, Inc. Music will be performed by Galaxy.

"There is still a great need for sponsors of this event," said Janet Bartos, executive director of the Lee County Homeless Coalition. "This event is one of the few times that the Southwest Florida community can pull together to help our fellow residents who are faced with homelessness. We appreciate the great support from partner agencies but, we really need the help of the Lee County community to make an impact with the

children, families and the 2,300 individuals who are faced with homelessness each year."

For tickets, sponsorships or to donate to the Lee County Homeless Coalition, visit [www.leehomeless.org](http://www.leehomeless.org) or call 322-6600.

To participate in the event or learn more about how you can help join the fight against homelessness, contact Janet Bartos at 322-6600. For more information on the Lee County Homeless Coalition, visit [www.leehomeless.org](http://www.leehomeless.org).\*

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Holly Boldrin

photos courtesy FPRA

Melissa Cofta

## Public Relations Accreditations

The Florida Public Relations Association Southwest Florida Chapter announced that members Holly Boldrin, APR, CPRC and Melissa Cofta, APR, CPRC recently earned professional certification in public relations and received the designation of Certified Public Relations Counselor (CPRC).

Earning the CPRC designation distinguishes senior members of FPRA who have demonstrated understanding and mastery of core public relations principles and practices and have been certified to act as public relations counselors. Currently, there are 107 CPRCs in Florida, including 12 in southwest Florida.

Boldrin and Cofta both work at Priority Marketing of Southwest Florida. Boldrin is the director of public relations and Cofta is the marketing and public relations account manager.

To earn the CPRC credential, candidates must have 10 years of experience in the field; have earned the first tier of accreditation, the Accredited in Public Relations (APR) credential; successfully completed a verbal presentation; and passed a five-hour written exam.✱

## Director Of Special Events Appointed At Burroughs Home

The historical Burroughs Home & Gardens has hired Cindy Ekonomou as director of special events.

Ekonomou is a hospitality professional from Southeast Florida, where she directed resort staffs for decades in Fort Lauderdale, Miami Beach, Singer Island and West Palm Beach. She has a passion for historic properties as well, managing group events for the Brazilian Court Hotel of Palm Beach and Lake Worth's GulfStream Hotel. Prior to moving to Fort Myers, she was director of destination services for Palm Beach County's Tourism Bureau. She is a graduate of the University of Central Florida and a native Floridian.

The Burroughs Home has also redesigned its logo and relaunched its website at [www.burroughshome.com](http://www.burroughshome.com). The website features new photography and videos, streamlined navigation, historical information about the home, and information on scheduling and planning events.

The historical Burroughs Home & Gardens is a 2.5-story, 6,000-square-foot home built on the banks of the Caloosahatchee in downtown Fort Myers. It is a beautiful example of turn-of-the-century Georgian Colonial Revival architecture that was common in Fort Myers in 1901. It remains one of few historical properties available for public use today. Recent property improvements to the home and grounds and the addition of an open-air pavilion appeal to social and business planners seeking an elegant property steeped in local history with expansive water views as a backdrop.

The Burroughs Home & Gardens, located at 2505 First Street, is owned by the City of Fort Myers and operated by the Uncommon Friends Foundation. For more information, call 337-0706 or email [events@burroughshome.com](mailto:events@burroughshome.com). To schedule guided historical tours, call 337-9505 or email [tera@burroughshome.com](mailto:tera@burroughshome.com).✱



Cindy Ekonomou

## Foundation Announces Business Ethics Award Finalists



The group from CRS Technology, winners of the Business Ethics Award in 2015

photo courtesy Uncommon Friends Foundation

The Uncommon Friends Foundation announced the finalists for the 2016 Business Ethics Award. The finalists are CPR Tools, Inc., Gecko Hospitality and Lee County Electrical Cooperative (LCEC).

As part of the final judging, finalists will participate at the 11th annual Ethical Leadership Conference in early November hosted by the Lutgert College of Business at Florida Gulf Coast University. The roundtable discussion will focus on the ethical challenges Southwest Florida executives face in business.

The winner will be announced at the Uncommon Friends Foundation's annual Uncommon Evening on Thursday, November 3 at the Burroughs Home & Gardens, located at 2505 First Street in Fort Myers.

For information on tickets and sponsorships, contact Angela Melvin at 337-9503 or at [angela@uncommonfriends.org](mailto:angela@uncommonfriends.org).✱

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## Financial Focus

## Tracking Financial Goals



by Jennifer Basey

**A**re you on track to meet your financial goals?

October is Financial Planning Month. And, now that you know it's Financial Planning Month (just in case you didn't know before), why not take the opportunity to determine if you're on the right path toward meeting your financial goals?

Consider taking these steps:

- Identify your goals. To know if you're making progress toward your goals, you first have to identify them. Of course, you'll have a variety of goals in life, such as helping pay for your children's college educations. More than likely, though, your most important long-term financial goal is to build enough resources to enjoy the retirement lifestyle you've envisioned. But we all have different ideas for how we want to spend our retirement years. Some of us may want to stay close to home, volunteering and pursuing our hobbies, while others want to visit the vineyards of Bordeaux or explore the pyramids of Egypt. So, name your goals and, as much as possible, put a price tag on them. Once you know about how much your retirement is going to cost, you can create an investment strategy that may ultimately provide you with the income you will need.
- Don't underestimate your cost of living. Even after you've identified some of your retirement goals and estimated their costs, you still haven't developed a complete picture of your future cost of living. You also need to take into account other potential major expenses, such as health

care. Once you're 65, you'll get Medicare, but that won't cover all your medical costs – and it might cover only a tiny portion of those expenses connected with long-term care, such as a nursing home stay or services provided by a home health aide. A financial professional can help you explore specific methods of dealing with these types of long-term care costs.

- Locate "gaps" – and work to fill them. After you've had your investment strategy in place for a while, you may see that some "gaps" exist. Is your portfolio not growing as fast as it should to help you reach your goals? If not, you may need to review your asset allocation to make sure it is aligned with your risk tolerance and portfolio objective. Do you find that you own too many of the same types of investments? This overconcentration could be harmful to you if a downturn affects one particular asset class, and you own too much of that asset. To help prevent this from happening, be sure to diversify your dollars across a range of investment vehicles. Keep in mind, though, that diversification can't guarantee a profit or protect against all losses.

- Protect yourself – and your family. Saving for your ideal retirement is certainly a worthy goal, but you have other ones – such as providing for your family in case you aren't around, or if you become ill or incapacitated and can't work for a while. That's why you will need adequate life insurance and possibly disability insurance, too. Your employer may offer you both these types of coverage as an employee benefit, but it might not be enough – so you may want to explore private coverage as well.

Financial Planning Month will come and go. But by following the above suggestions, you can create some strategies that will bring you a lifetime of benefits.

*This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at [jennifer.basey@edwardjones.com](mailto:jennifer.basey@edwardjones.com).*

## Feedback Sought For Lee County Website

Visitors of the Lee County Clerk of Court's website are invited to take a survey to share their priorities and comments on website features. The comments and opinions received will be used in the design of the new clerk's website that will be available in 2017.

Go to [www.leeclerk.org](http://www.leeclerk.org) and complete the brief online survey on the home page.

To request a printed copy of the survey, or if you have any questions, contact Rita Miller at [RMiller@LeeClerk.org](mailto:RMiller@LeeClerk.org) or call 533-2766.

## Mental Health Symposium



Haely Jardas

photo courtesy HOPE Clubhouse of SWFL

**H**aely Jardas, the reigning Miss District of Columbia, returns to her hometown of Fort Myers for a special engagement as keynote speaker at the annual Mental Health Educational Symposium, presented by HOPE Clubhouse of Southwest Florida.

Tickets are now available for the symposium, titled Food for Thought: Feeding the Mind, Body and Soul, to be held from 11 a.m. to 2 p.m. on Monday, October 24 at the Broadway Palm Dinner Theatre, located at 1380 Colonial Boulevard in Fort Myers.

Food for Thought is a continuation of a theme that grows from HOPE Clubhouse's new edible Garden of Hope, which promotes better nutrition and healthier lifestyles for adults living with mental illness.

A Cypress Lake High School graduate, Jardas was inspired by her own experience with generalized anxiety disorder to make Mental Health Matters her winning platform for the Miss District of Columbia pageant. She will discuss body image issues encountered in the pageant world and as an actress, which can manifest as eating disorders such as anorexia, and the importance of good nutrition for the proper functioning of the mind.

Other speakers include: the Honorable Andrew H. Swett, 20th Judicial Circuit judge and founder of the Lee County Mental Health Court; Fort Myers psychiatrist Dr. Omar Rieche; and HOPE Clubhouse member Cindy Bishop. This panel will discuss the state of mental health care in Southwest Florida, and what can be done to improve the quality of life for people living with mental illness.

*News-Press* Executive Editor and Vice President of Content Cindy McCurry-Ross will serve as emcee for symposium. Continuing Education Units can be earned for qualifying professionals. The public is invited. Tickets are \$50 per person, including a buffet lunch, and can be purchased at [HopeClubhouse.org](http://HopeClubhouse.org) or by calling 267-1777. Sponsor a HOPE Clubhouse member for \$50.

Sponsorship opportunities are still available. For more information, contact James Wineinger at 900-4200 or email [jwineinger@hopeclubhouse.org](mailto:jwineinger@hopeclubhouse.org).

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## The Underground Railroad



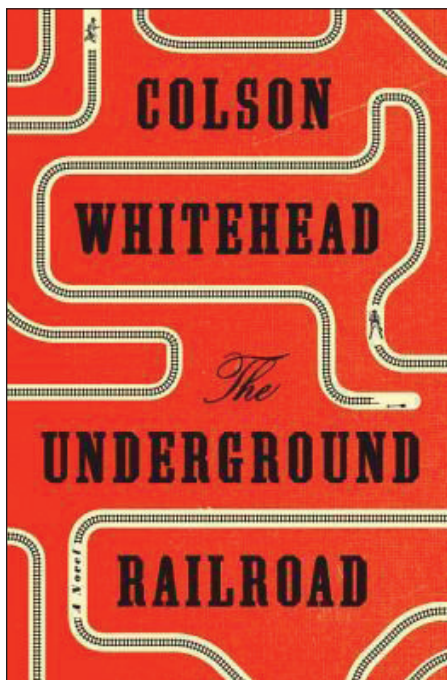
by Di Saggau

**N**ow I know what all the fuss is about and why Oprah Winfrey selected *The Underground Railroad* by Colson Whitehead for her book club. It's a magnificent read chronicling a

young slave's adventures as she makes a desperate bid for freedom in the antebellum south.

Cora is a young teenage slave on a cotton plantation in Georgia, where life is hell for all slaves, especially her. When Ceasar, a recent well-educated arrival, asks her to escape via the Underground Railroad, she accepts the risk. Things do not go as planned. Cora kills a young white boy who tries to capture her. This puts her high on the list of a slave catcher named Ridgeway, who was unable to locate Cora's mother when she ran away.

Ridgeway is given to long-winded rationales for both his malevolent calling and the dubious institution it serves. "We do our part, slave and slave catcher," he tells Cora. "You need to be strong to survive the labor and to make us greater. We fatten hogs not because it pleases us but because we need hogs to survive. But we can't have you too clever. We can't have you so fit you outrun us." The



novel leaves the reader with a devastating understanding of the terrible human costs of slavery.

Traveling from Georgia to South Carolina to North Carolina to Tennessee and Indiana, Cora must try to elude not just Ridgeway but other bounty hunters, informers and lynch mobs. Along the way a few dedicated "railroad" workers, both black and white, are willing to risk their lives to save hers.

While the Underground Railroad was a pre-Civil War network of homes, hovels and other hiding places, Whitehead turns it into a subterranean system of tracks

and trains linking south, north and even parts of the Middle West.

Cora encounters different worlds at each stage of her journey. At one point Cora hides in the attic of a white family, much like Anne Frank. In spite of the good actions of many whites, Cora does not know how to hug a white person. It's totally foreign to her.

I was impressed with Whitehead's writing. This is inventive storytelling. He talks about body snatchers and how when medical students put their blades to a colored cadaver, they did more for the

cause of colored advancement than the most high-minded abolitionist. He writes, "In death the negro became a human being. Only then was he the white man's equal."

Whitehead's narrative seamlessly weaves the saga of America from the brutal importation of Africans to the unfulfilled promises of the present day. *The Underground Railroad* is a kinetic adventure tale of one woman's ferocious will to escape the horrors of bondage and a shattering, powerful meditation on the history we all share. ✨

## School Smart



by Shelley M. Gregg, NCSP

**D**ear Shelley, My son started third grade about in August and now he seems very unmotivated. He has always liked school well enough but now he seems

to be very uninterested. How can I help him be more interested in school?

*Danielle C., Cape Coral*

**Danielle,**

The first thing you want to do is figure out whether there is some obstacle getting in his way. Learning issues, social challenges, attention or emotional problems can all cause kids to disengage academically. Of course, not all kids who are not motivated at school have a learning problem. So here are some suggestions for you to help your son become more interested in school if you find no other learning issues.

As a parent, it is important for you to be present in the academic life of your child. Review homework with him, and let him know that you're available to answer questions. Get in the habit of asking him about what he learned in school, and generally connect with him academically. By demonstrating your interest in your child's school life, you're showing him school can be exciting and interesting. This is especially effective with young kids who tend to be excited about whatever you're excited about. Be cautious with this behavior with teenagers. They can "clam up" if they feel you are asking too many questions. A conversation is always better than an interrogation.

The message you want to send is that your respect hard work so reward effort rather than outcome Praising kids for following through when things get

difficult, for making a sustained effort, for trying things they're not sure they can do successfully, can all help teach them the pleasure of pushing themselves. Praise for good grades that come easily can make kids feel they shouldn't have to exert themselves.

Kids need to know that it is okay to make mistakes. No one can get A's on every test or perfect scores on every assignment. While kids need encouragement and it's healthy to push them to try their best, know that setbacks are natural. Teach your son to learn from his mistakes.

Another one of the most important things you can do for your child is to work with his teacher. The teacher might have additional insight about how to motivate your child, or what he might be struggling with. Likewise you can share any strategies or information that you have. It's important for home and school to work together. One easy way to have daily communication with school is to set up a daily report card. With this system, the child gets points from his teacher for the behaviors what you want to improve things like completing work or following directions the first time he gets them. Then, your child brings those points home, where the parents give small rewards, such as extra time on the iPad or playing a game together.

If these strategies are not successful you may want to talk to the school's counselor or psychologist to see if there are some underlying problems that need to be addressed.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication. ✨

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### Female Pioneers of Fort Myers

*Women Who Made a Difference in the City's Development*

By Robin C. Tuthill and Thomas P. Hall

"Packed with facts and employing an engaging storytelling style, [*Female Pioneers of Fort Myers*] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."

Gerri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

## Chronic Pain Workshops

**B**eginning October 27, Lee Memorial Health System will hold a free six-week workshop, entitled Chronic Pain Self-Management, at the Fort Myers Christian Church, located at 5916 Winkler Road. Sessions will be held on Thursdays from 2 to 4 p.m. and are based on a research program developed by Stanford University.

Participants will receive a copy of the book *Living a Healthy Life with Chronic Pain*.

Seating is limited and registration is required. Call 424-3122 for more information. ✨



# Students Attend International AIDS Conference In South Africa



Cassidy Cousins at an AIDS March in South Africa

photos courtesy FSW

After 20 hours, four airports, three airplanes and a nine-hour layover, two Florida SouthWestern State College (FSW) students found themselves in a part of the world they had never even dreamed they'd see.

This summer, FSW students Cassidy Cousins and Pedro Ramirez traveled along with FSW Biology Professor Dr. Robert Furler to Durban, South Africa where they attended the 2016 International AIDS Conference.

More than 8,000 people attended, and the FSW trio found themselves alongside some of the top HIV/AIDS scientists and researchers as well as celebrity activists, including Charlize Theron and Elton John, and international diplomats, including Prince Harry of Wales, all with the goal of eradicating the AIDS virus.

Cousins and Ramirez spent the last year researching the AIDS virus under the instruction of Dr. Furler where they used cancer cells and proteins found in the virus to safely study how these proteins interact with T-cells in the hopes of coming closer to a cure. The conference allowed them the opportunity to learn how other scientists are researching the virus.

"The scientists all had different ways of researching the same things with different approaches and research methods," Cousins said. "It was a good lesson on what science is and how to take your research from the lab and communicate it to other scientists."

The conference also left a lasting impact on how the HIV/AIDS virus affects different parts of the world in an area called The Global Village.

"The Global Village allowed activists to display their opinions and experiences culturally through artwork, music, singing and dance displays," Ramirez said. "It gave the personal view and the human experience of the virus along with the science that was presented during the conference."

"The virus is much more prevalent in Sub-Saharan Africa," Dr. Furler said. "Everyone there knows someone with HIV/AIDS. In the U.S., we have become more complacent about it because we have treatments and even pre-exposure medicines now that are not available in much of the world. But we shouldn't be letting our guards down. Florida is one of the states with the highest number of new infections."

The students also had the opportunity to engage in global learning and experienced some of South Africa's natural and cultural offerings. They visited an aquarium, went on a safari and experimented with the different cuisines from the region.

"The strangest food was the crocodile steaks, and the best was the curry," Ramirez said.

The research and trip have inspired both students to continue on in the sciences. Ramirez began his biology degree this fall at Florida Gulf Coast University (FGCU)



From left, Pedro Ramirez, Dr. Robert Furler and Cassidy Cousins

and plans to become a veterinarian. Cousins also plans to begin her biology degree at FGCU next year.

Increasing undergraduate research opportunities for FSW students has been a goal of Dr. Furler's over the past few years, resulting in the construction of a new biosafety level 2 lab funded through an academic research grant.

"Many of our students don't normally have the opportunity to participate in the higher-level research projects that students in universities do," said Dr. Furler. "This will not only expose them to new ideas but, for some, it will encourage them to continue on in the sciences, opening them up to possibilities they might not ever have thought were possible for them."

The trip was just one of many international, faculty-led learning opportunities coordinated by FSW's Center for International Education. Upcoming faculty-led trips will take FSW students to countries including Nicaragua, Ireland and Ecuador.✪

Help Set a  
**NATIONAL RECORD** for the  
Partners Human Pink Ribbon



**SATURDAY  
OCTOBER 29**

**JET BLUE PARK  
9-11 AM**

Participants will be forming the human ribbon holding uniform pink umbrellas. Each \$20 donation will receive one umbrella, yours to keep. Registration is \$10 if you bring your umbrella from last year's event.

For more information visit [www.pfbcc.org](http://www.pfbcc.org) or call 239-454-8583.



**RAIN OR SHINE**





dearRPharmacist

# Headaches Connected To Low Thyroid



by Suzy Cohen, RPh

**D**ear Readers: I like saying, “I told you so” because it means you got my help years ahead of everyone else. And in this case, it’s about headaches and migraines, and how this condition is tied

to hypothyroidism and thyroid hormone insufficiencies. Because headaches and thyroid disease are not life-threatening, there isn’t a lot of focus or research on this, but either condition can leave you disabled, impair relationships and reduce your ability to work or play with your children.

Six years after I told you this, we have a new and very large study that was printed in the September 2016 issue of a highly respected publication, *The Journal of Head and Face Pain*. I’ll nutshell it for you here.

Researchers followed over 8,000 people for 20 years. They tracked vital statistics such as frequency of headaches and migraines as well as

biomarkers of thyroid disease. What they found is exactly what I told you in two of my books, *Thyroid Healthy*, and also *Headache Free...* that is people with migraines, clusters and tension headaches almost always have hypothyroidism.

Hypothyroidism is when your body fails to produce adequate amounts of thyroid hormone, or perhaps it produces it, but your cells can’t take it in and put it to use. Symptoms of low thyroid include anxiety, mood swings, weight gain or inability to lose weight, dry skin, hair loss, poor eyebrow and eyelash growth, irregular menstrual cycles and the feeling of always being cold. Your hair may be thinner than it used to be, and you’re clean out of energy. Maybe you look pale, sleep fitfully or not at all, or you eat like a bird and still gain weight.

If you have these symptoms, you might have low thyroid hormone levels regardless of what your lab tests say. If you take a medication for cholesterol, for example a statin, those drugs may raise your risk for hypothyroidism, so then after a few months of taking a statin, your cholesterol numbers look good, but you feel tired, weak and heavier. I told you about that little problem seven years ago.

Anyway, researchers from the University of Cincinnati College of Medicine did a great job monitoring these folks and what they’ve noticed could help you. People with pre-existing

headaches have a 21 percent higher risk of having hypothyroidism. If you have migraines, your risk for thyroid disease is about 41 percent greater than the norm.

If you have headaches or migraines, your thyroid levels need to be checked properly. The labs I want you to take and a better set of reference ranges (because the ones on your lab report are old), can be emailed to you if you sign up for my free newsletter at [suzycohen.com](mailto:suzycohen.com).

If you live in chronic pain or despair, I really want to assure you that there is help out there, it’s often something simple, and regardless of your headache, there are solutions. Please don’t give up.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*✧

## Lee Physician Group Offering Extended Hours

**L**ee Physician Group makes it easier to see your primary care doctor by extending hours to include weekends at its College Pointe location, 9131 College Pointe Court in Fort Myers.

Appointments are now available with primary care providers on Saturdays from 9 a.m. to 5 p.m. and Sundays from noon to 5 p.m.

“We have found that patients with greater access to their primary doctors are more likely to see them regularly and less likely to seek primary care in the emergency department or to require hospitalization – saving both time and money,” said Kris Fay, chief administrative officer of Lee Physician Group. “The extended hours will make it more convenient for patients to see a primary care doctor.”

Additional locations include The Outpatient Center at Surfside, 2441 Surfside Boulevard in Cape Coral, and The Outpatient Center at The Sanctuary, 8960 Colonial Center Drive, Suite 300 in Fort Myers.

Weekday office hours at all three locations will continue from 8 a.m. to 5 p.m. Monday through Friday.

For more information or to schedule an appointment, call 481-4111 or visit [leememorial.org](http://leememorial.org).✧

Doctor and Dietician

## Is The Better Choice Fat-Free Or Organic?



by Ross Hauser, MD  
and Marion Hauser, MS, RD

**W**e all have our biases, opinions, and thoughts about nutrition and what is considered healthy. The media has done a good job convincing the public that fat is bad, and fat-free is good; that sugar is bad, and sugar-free is good; and that caffeine is bad, but caffeine-free is good. A common example of this confusion in many well-meaning people who are trying to “eat healthy” is what to put in their coffee.

Take a look at the following ingredient lists:

### Fat-Free Half & Half

Ingredients include nonfat milk, milk, corn syrup solids, artificial color, sugar, dipotassium phosphate, sodium citrate, mono and diglycerides, carrageenan,

natural and artificial flavors, vitamin A palmitate.

Serving size: 2 Tbsp; Calories 20; Fat 0 grams, Carbs 3 grams; Protein 1 gram

### Organic Half & Half

Ingredients include organic Grade A milk and organic cream.

Serving size: 2 Tbsp; Calories 40; Fat: 3.5 grams; Carbs 1 gram; Protein 1 gram

Which do you think is healthier? To us, the answer to this question is clear. Why would you substitute whole, organic, real milk for a list of chemicals, just to save 3.5 grams of fat? This product is not healthy for anyone.

If you are looking for a no-fat dairy product to add to your coffee, skim milk is the better choice. True, it’s not creamy, but it is also free of the added corn syrup solids and gum used for thickening. What are even worse are the flavored non-dairy creamers. They are all chemicals. Read the labels and think about what you are eating or drinking. Just because something is lower in calories or fat does not make it healthier. Look for real food, real ingredients and small ingredient lists. Never underestimate the power of food.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).*✧

## Mom And Me



by Lizzie and Pryce

**L**izzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

### Dear Mom & Me,

I have enjoyed very good health and feel compassion for those less fortunate.

I have tried to help when people were sick with meals, gifts and taking people to their doctors. I felt that I should help those in need.

Recently, I had to have an operation with a long recovery. My “friends” and those I had helped were nowhere to be found. No telephone calls, cards, food or anything. I was completely dependent on my husband and hired help. I am very disappointed that when in need, I was ignored and I am going to rethink my generosity.

Have you heard this from others?

Bessie

### Dear Bessie,

Yes, I have. Many people are takers and not givers – they accept all of the help from others, but will give nothing in return.

Many people in our mobile society just seem to disconnect and keep the focus on themselves and disregard their weakened friends.

I recently heard about a family that moved from a third world country to the USA. They were delightful people and showed compassion to their neighbors, and especially to a sick elderly neighbor.

Good people are everywhere, but there are also many self-centered individuals who just keep their eyes totally on themselves.

Lizzie

### Dear Bessie,

I understand your situation and how you feel. I can relate that to my work life. I have helped many people with increasing their referrals, making introductions and assisting a few start their own business. More times than not, my time and kindness were not returned in any way. I have not stopped helping people because that would change who I am. However, I am a little more selective in my attention.

So maybe you should rethink your generosity. You will choose to continue to give to others, but be a little more selective.

Pryce

*Lizzie and Pryce’s email address is [momandmeaging@hotmail.com](mailto:momandmeaging@hotmail.com).*✧



# PETS OF THE WEEK

Hello, my name is Higgins. I'm a 5-year-old neutered male American Staffordshire Terrier who is handsome and lovable. But even so, Mr. Henry Higgins has had a rough life so far. He was neglected but never gave up, so our staff and volunteers won't give up on him either. He's a gentleman just like his name sake and is simply the nicest guy you'll ever meet.

His adoption fee is \$75.

Hello, my name is Harley. I'm a 5-month-old spayed female domestic short hair who has spent half of my life in the shelter. I'm not sure why because I'm cute and have a beautiful shiny black coat. I'm laid-back, cuddly and affectionate. I'm also playful and my favorite thing to do is run on the big cat wheel in the adoption room. I could be all of these things at your house, too, and provide hours of entertainment.

My adoption fee is \$50.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com). When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.\*



Higgins A663380



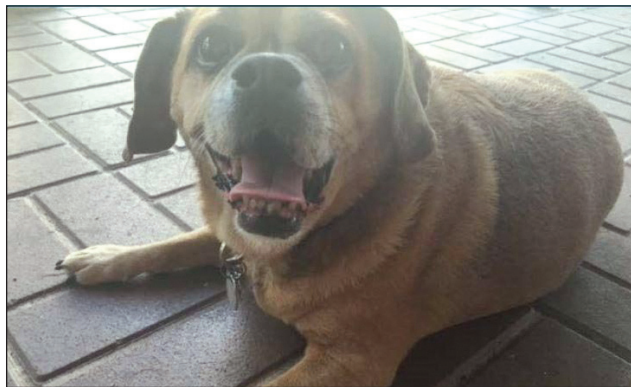
Harley A664809

## PAWS Of Sanibel

### Scrappy

Scrappy is a senior citizen Puggle looking for a new home. He is a cross between a beagle and a pug, so he would make a great little lap dog. Sadly, his owner is retiring and relocating to a spot that will not welcome Scrappy. He is great with kids and pets and all people.

Call PAWS of Sanibel at 980-1234 to adopt Scrappy.\*



Scrappy

## Redesigned Animal Specialty Plate

The Department of Highway Safety and Motor Vehicles has released the newly redesigned Animal Friend specialty license plate. The new plate is available at each local Lee County Tax Collector's office.

The plate's annual fee of \$25 is in addition to the other registration fees. To view the redesigned Animal Friend specialty license plate, or any other specialty license plates, visit the Florida Department of Highway Safety and Motor Vehicles' website online at [www.flhsmv.gov/dmv/specialtytaga/](http://www.flhsmv.gov/dmv/specialtytaga/). Funds raised from this specialty plate are distributed to Florida Animal



Animal friend plate

photo courtesy Lee County Tax Collector

Friend Inc. to fund spay and neuter programs statewide.

As of September 1, 2016, there are 19,589 registered Animal Friend specialty plates in Florida.\*

## THE RIVER WEEKLY NEWS

Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

### ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

### CLUBS & ORGANIZATIONS

Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118

### Kiwanis Clubs:

Fort Myers Beach	765-4254 or 454-8090
Fort Myers Edison	694-1056
Fort Myers South	691-1405
Gateway to the Islands	218-5768
Iona-McGregor	482-0869

### Lions Clubs:

Fort Myers Beach	463-9738
Fort Myers High Noon	466-4228
Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

### AREA ATTRACTIONS

Bailey-Matthews Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to: [press@riverweekly.com](mailto:press@riverweekly.com)



PUZZLES

Answers on page 29

Super Crossword

CREATING A MAIL SLOT

- ACROSS
- 1 Mails a dupe to

4 Peak in the Cascades

10 1975 shark thriller

14 Lost intensity

19 "You — here"

20 — -Davidson

21 Saab of fashion

22 Stare angrily

23 What planes are in when they're taking off and landing?

25 "Heckl!"

26 MetLife rival

27 Nepal locale

28 — Pérignon

29 Climb a rope right after waking up?

31 "Which of you is good at copying signatures?"

35 Poker pro Ungar

36 Beholds

37 Houston hockey team until 2013

38 Ancient Aegean land

41 So-so

43 Furlong divs.

44 Spectral hue

48 Big tree branch used to decorate a shop?

53 Big computer of the 1940s

54 Frustrates

56 Delhi coin

57 Tame some mean dogs?

61 "— girl!"

64 Uno + uno

65 Anniversary unit

66 AQL monitor

67 Four of —

68 Skill, to Cato

69 Law degs. held by the Obamas

70 Comment when a surface only allows for a glossy finish?

75 — Friday's restaurant

76 Dot in la Seine

77 Off-limits acts

78 Wad of gum, e.g.

79 Carrie's "Star Wars" role

80 Prefix with soul

81 Beer head

82 Fashionably stylish grain husk?

87 Big boo-boo

89 Tactics

91 Writer Nin

92 Spiced tea brewed in a business workplace?

95 Multi-vehicle crash

97 Church bench

100 Fed. crash-probing agcy.

101 Tear-eliciting vegetable

103 "Nowhere Road" singer Steve

105 Nailed

108 Happy — lark

110 Ensnared by a tree branch?

114 Bit of gear used by a videography student?

118 Simple tune

119 Ames' state

120 John Belushi catchphrase

121 Flubs it up

122 Apt phrase spelled by the deleted ends of this puzzle's theme answers

125 "It's — of the times"

126 Seven days

127 Parthenon goddess

128 Trump

129 Antsy

130 Uses needle and thread

131 Gym class, briefly

132 Some hosp. cases

29 Toon pal of Stimp

30 Zap, in a way

32 Black — (very dark)

33 Oil field sight

34 Boo-boos

39 Nile goddess

40 P.R.'s ocean

42 Wear down

45 Small peeve

46 Lah-di- —

47 See 2-Down

49 Honshu port

50 Software reviser, e.g.

51 Peach State

52 Wiesbaden native, e.g.

53 Vase handle

55 Like some citrus tastes

57 "Goodness me!"

58 Kind of lettuce

59 De-intensify

60 "Eh" marks

62 Little birdie

63 Big bang producer

67 Prefix with valent

70 Contaminate

71 Furthermore

72 Cell stuff

73 Energy

74 Boozer

79 Many oz.

82 Slay

83 Rodeo miss

84 MS-to-MI dir.

85 Lac liquid

86 Grow mature

88 Investigation discoveries

90 Philosopher — -tzu

93 Morales of film

94 Scott Pelley's milieu

96 Shiba — (dog breed)

97 Preceding

98 Bow-making material

99 Software running in browsers

102 Tenet

104 Keep — on (don't reveal)

105 Turn to try for a homer

106 Small oil container

107 Have home cooking

109 Side (with)

111 Actress Rigby

112 Eagles' kin

113 Actress Rich

115 Zilch

116 Work group

117 Pleads, e.g.

122 Track unit

123 Verb suffix in the Bible

124 "Gnarly!"

1	2	3		4	5	6	7	8	9		10	11	12	13		14	15	16	17	18	
19				20							21					22					
23				24							25					26					
27					28					29						30					
31				32				33	34				35				36				
37								38			39	40		41		42					
43					44	45	46	47			48		49					50	51	52	
				53					54	55						56					
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76					77					78								79			
80					81					82				83	84	85	86				
87				88				89	90					91							
92						93	94					95	96						97	98	99
					100					101		102					103	104			
105	106	107				108		109			110			111	112	113					
114					115					116	117				118				119		
120							121						122	123			124				
125							126					127							128		
129							130						131						132		

King Crossword

- ACROSS
- 1 Baccarat alternative

5 Every iota

8 Mope

12 Soon, to bards

13 Lawyer's due

14 Leg joint

15 Ocean swimmer's worry

17 "An apple — ..."

18 Poor

19 Loving grandparents, often

21 Receives

24 "— the ram-parts ..."

25 Verifiable

28 Aid

30 Watch

33 Attila, e.g.

34 Memoranda

35 "A mouse!"

36 See 25-Down

37 Ford or Lincoln

38 Having Y chromosomes

39 Shade provider

41 Formerly

43 British conservatives

46 Say

50 Tosses in

51 Too young

54 Mob scene

55 Regret

56 Press

57 Cribbage

58 Suffer a recession?

59 Expense

7 Lascivious

8 Glide

9 In Cousteau's realm

10 Mad king of literature

11 Piano lineup

16 Deli bread

20 "My bad"

22 Biblical pronoun

23 Squabble

25 With

36-Across, finish

26 Skedaddle

27 Likely loser

29 Rock group, Kings of —

31 Moray, e.g.

32 — out a living

34 Appellation

38 Measured in grams, e.g.

40 Rosters

42 Prompt

43 Rainout need

44 Garfield's pal

45 Certain

47 Poi base

48 Hollywood clashers

49 Landlord's due

52 Essence

53 Society newbie

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15					16				17			
18							19	20				
				21		22	23		24			
25	26	27			28		29			30	31	32
33				34						35		
36				37					38			
			39	40			41		42			
43	44				45			46		47	48	49
50					51	52	53					
54					55				56			
57					58				59			

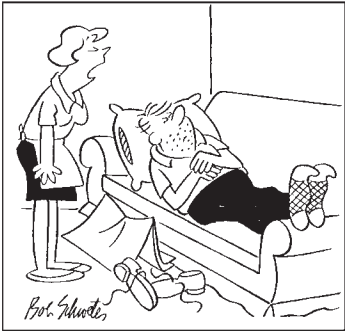
HAD A SPORTS  
MAGIC MAZE TERM NAMED  
FOR THEM

N A X U R P M Y A J G V D A X  
V I S Q N K I E Z F A D A X V  
T Q L H O M J L O N H O J H F  
C A Y E T Y W L D W U R P N L  
J ( K E R R I G A N ) O P P I R H  
F D B T U A M W E H Z X V T R  
Q O M K A B K S M C T I I H F  
D B Z Y W O S V L L L U T R Q  
O N Y K S E P O L A U K R I H  
F D C A Z X W O F S T V U S R  
Q O N M K Z S E H T Z J I H F

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Ali
- Fosbury
- Hopocate
- Karelin
- Kerrigan
- Lutz
- Mendoza
- Pesky
- Rippon
- Ruth
- Salchow
- Tal Smith
- Thesz
- Van Dam
- Walley





"It's too beautiful a day to waste indoors —  
you ought to be loafing in the  
outside!"

answer on page 29

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

React  
PONDERS  
Crisis  
SPASMIE  
Phony  
MASH  
Dotted  
PLEECKS

TODAY'S WORD

	5		9			4		
2					8		6	
		3		7				5
3			7		9	6		
	4			6			7	
		5	8					9
4			1			8		
		7			3	9	2	
	6			8				4

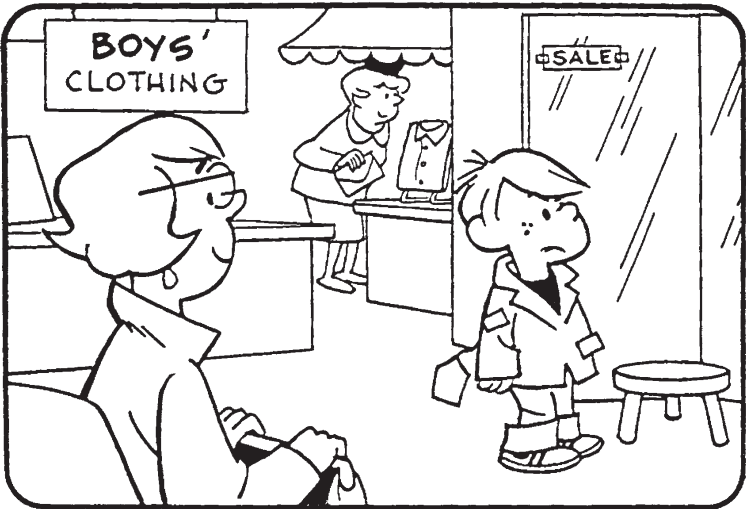
SUDOKU

To play Sudoku:  
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

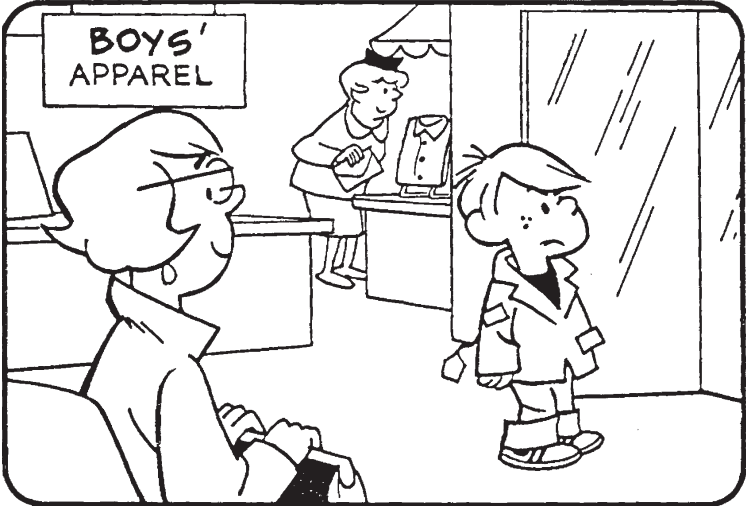
answer on page 29

HOCUS-FOCUS

BY  
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Sign is different. 2. Awning is shorter. 3. Arm is moved. 4. Tag is smaller. 5. Sale sign is missing. 6. Stool is missing.

PROFESSIONAL DIRECTORY

POOL CLEANING



TOM WALTERS

30 years serving Sanibel,  
Captiva & Southwest Florida

For all your  
pool cleaning needs



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periwinklepoolsinc@gmail.com

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MAKE ALL THE DIFFERENCE.

Jennifer L Basey  
Financial Advisor

42 Barkley Circle, Suite 1  
Fort Myers, FL 33907  
239-931-4543

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### Clam Scampi

4 tablespoons butter  
 2 tablespoon olive oil  
 4 cloves garlic, minced  
 2 dozen hard clams, rinsed well  
 1 cup fresh parsley, chopped  
 2 tablespoons lemon juice  
 Salt to taste  
 pepper to taste  
 1/2 cup dry white wine  
 1/4 cup sun-dried tomatoes  
 1 pint grape tomatoes, halved  
 8 ounces spinach fettuccine, cooked  
 Melt butter with oil in medium skillet

over medium heat. Add garlic, cook and stir one minute.

Add clams, cook and stir five minutes.

Add parsley, lemon juice, salt, pepper and wine. Continue steaming, stirring occasionally, until clams open.

Stir in tomatoes and serve over fettuccine.\*



Clam Scampi

photo courtesy Fresh From Florida

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Dr. Sharon Powell

Phone: (239) 689-3525

Fax: (239) 791-8852

Email: [edisonparkpets@gmail.com](mailto:edisonparkpets@gmail.com)

"Wir Sprechen Deutsch"



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Second Monday of each month

President, Di Saggau

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PUZZLE ANSWERS

SUPER CROSSWORD

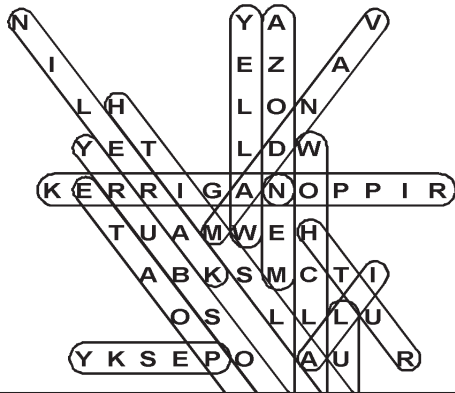
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KING CROSSWORD

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MAGIC MAZE

HAD A SPORTS TERM NAMED FOR THEM



SUDOKU

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My Stars★★★★

FOR WEEK OF OCTOBER 10, 2016

**ARIES** (March 21 to April 19) Someone from your past could arrive with welcome news concerning your future. Meanwhile, avoid taking sides in a workplace confrontation until you have more facts to go on.

**TAURUS** (April 20 to May 20) A decision about a relationship could have longer-lasting consequences than you might imagine, so be sure of your facts before you act. A trusted friend can help.

**GEMINI** (May 21 to June 20) A strained relationship could be restored with more personal contact between the two of you. Letting others act as your go-between only adds to the ongoing estrangement.

**CANCER** (June 21 to July 22) New facts could mean taking a new path toward a goal you've been hoping to reach. However, be sure all your questions are answered before you undertake to shift directions.

**LEO** (July 23 to August 22) This is a good week for all you fine Felines to turn your attention to some important considerations, such as your health, your job situation and the status of important relationships.

**VIRGO** (August 23 to September 22) Avoid making a quick decision about a matter that needs more study. Keep your mind open for possibilities, even if they don't seem plausible – at least not yet.

**LIBRA** (September 23 to October 22) You might welcome the emphasis on openness in relationships that mark this period. But it's a good idea to avoid sharing personal secrets with people you hardly know.

**SCORPIO** (October 23 to November 21) There are still some questions that need to be asked and answered before you can feel confident enough to make a potentially life-changing decision.

**SAGITTARIUS** (November 22 to December 21) Some lingering effects from a now largely resolved workplace confrontation could make things difficult for you. Act on this before it becomes serious.

**CAPRICORN** (December 22 to January 19) You feel you're finally in control of your own life after months of making compromises and concessions you never felt comfortable with. Congratulations.

**AQUARIUS** (January 20 to February 18)

No sooner do you decide to pass on one job offer than another suddenly turns up. This one might not have everything you're looking for, but it's worth checking out.

**PISCES** (February 19 to March 20) Congratulations. With Jupiter's strong influence dominating this week, don't be surprised to get some good news about a troubling financial matter.

**BORN THIS WEEK:** You are usually kind and loving. But you can be highly critical of those who don't measure up to your high standards.

THIS WEEK IN HISTORY

• On Oct. 14, 1857, engineer and inventor Elwood Haynes is born. Haynes designed one of the first American automobiles, the Haynes "Pioneer." The buggy was an 820-pound, push-start vehicle with chain drive, a steering tiller and 28-inch bicycle wheels.

• On Oct. 15, 1930, legendary composer and bandleader Duke Ellington records his first big hit, "Mood Indigo." Ellington claimed he wrote the song in 15 minutes, but its actual genesis was a melody by clarinetists Barney Bigard and Lorenzo Tio, Jr. called "Dreamy Blues."

• On Oct. 12, 1945, PFC Desmond T. Doss of Lynchburg, Virginia, is presented the Congressional Medal of Honor for outstanding bravery as a medical corpsman. Doss was the first conscientious objector to receive America's highest military award.

• On Oct. 16, 1964, The People's Republic of China conducts a successful nuclear test, becoming the fifth nation with atomic bomb capability. China joined the U.S., the Soviet Union, Great Britain and France in the exclusive nuclear club.

• On Oct. 10, 1985, the hijacking of the Italian cruise ship Achille Lauro reaches an end when U.S. Navy F-14 fighters intercept an Egyptian airliner attempting to fly the Palestinian hijackers to freedom. Four Palestinian terrorists had hijacked the ship three days earlier, killing an elderly Jewish American passenger and taking hundreds more hostage.

• On Oct. 13, 1999, the Colorado grand jury investigating the murder of child beauty queen JonBenet Ramsey is dismissed, and the Boulder County district attorney announces no indictments will be made due to insufficient evidence. The murder remains unsolved.

• On Oct. 11, 2002, former President Jimmy Carter wins the Nobel Peace Prize "for his decades of untiring effort to find peaceful solutions to international conflicts." Carter, a peanut farmer from Georgia, served one term as U.S. president between 1977 and 1981.

STRANGE BUT TRUE

• It was the great Russian author Leo Tolstoy who made the following sage observation: "A man is like a fraction whose numerator is what he is and whose denominator is what he thinks of himself. The larger the denominator, the smaller the fraction."

• The earliest known brothel was located in Sumer (now southeastern Iraq), all the way back in 3300 B.C.E.

• The Gunfight at the O.K. Corral, which took place in Tombstone, Arizona, at about 3 p.m. on Oct. 26, 1881, is probably the most famous shootout in the history of the Old West. You might be surprised to learn, though, that the gunfight didn't actually happen at the O.K. Corral, or even next to it – the gunfight took place in an empty lot six doors down.

• A futurist in the 1950s made the following prediction: "There will come a time when every country in the world will have a computer."

• Etymology – the study of words' history, their origins and how their form and meaning have changed over time – is fascinating. For example, take the term "shilly-shally," meaning to vacillate. In the 18th century, "shill" was another form of "shall," and people trying to make a difficult decision might ask themselves "Shill I? Shall I?" Over time it was shortened to the form we use today.

• If your scissors are getting dull, don't waste time and effort with sharpening stones; all you have to do is cut up sheets of sandpaper to hone the cutting edges.

• Those who study such things say that if you added up the body masses of all the people on the planet right now, it would amount to roughly 750 billion pounds.

THOUGHT FOR THE DAY

"In any free society, the conflict between social conformity and individual liberty is permanent, unresolvable and necessary." – Kathleen Norris

SCRAMBLERS

solution

1. Respond; 2. Impasse; 3. Sham; 4. Speckle

Today's Word  
HAMMOCK

TRIVIA TEST

1. Comics: What is the name of Batman's butler?
2. Literature: Who is the leader of the wolves in "The Jungle Book"?
3. Geography: Which two islands in the Mediterranean Sea are governed by Italy?
4. U.S. Presidents: Who was president during World War I?
5. History: What was the name of the airship that exploded over New Jersey in 1937?
6. Language: What is a baby's pacifier called in Great Britain?
7. Explorers: What was the name of Christopher Columbus' flagship?
8. Nicknames: What U.S. city calls itself "The Biggest Little City in the World"?
9. Medical: What is the modern name for a disease once called "consumption"?
10. Famous Quotations: What children's author wrote, "You have brains in your head. You have feet in your shoes. You can steer yourself in any direction you choose"?

TRIVIA ANSWERS

1. Alfred Pennyworth 2. Akela 3. Maria 8. Reno, Nev. 9. Tuberculosis 10. Dr. Seuss



# ★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★

## REAL ESTATE

### BEACH AREA BUILDING LOT

Beach area building lot, fourth property from Gulf, 150 steps to best beach on Sanibel. Property is 1361 Jamaica Drive. Identical lots in Captiva village selling for over \$1 million and this is much quieter, nicer and closer to town, with much better beach. \$460,000. Call owner at 239-233-1349.  
\*NS 10/7 CC 10/28

### SANIBEL BEACH NEIGHBORHOOD DUPLEX

Sanibel beach neighborhood Duplex. 1357 Jamaica Drive. Third house from best private, unspoiled, uncrowded Gulf beach on both islands. Great investment property, or live in one rent the other. Only \$640K for two beach homes, side by side. Call owner at 239-233-1349.  
\*NS 10/7 CC 10/28

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\*RS 4/29 CC TFN

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### WONDERFUL RENTAL IN POPULAR LOCATION ON SANIBEL



2 Rooms, Bathroom, Approx. 1,000 sq. feet. This was Molnar Electric's old office. Call Judy at 239-851-4073.  
\*RS 8/5 CC TFN

## COMMERCIAL RENTAL

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1633 Periwinkle Suite F and or G 1,300sqft @ \$1,600 a month including tax or will separate the 2 suites at \$800 a month including tax. Available November 1st. Call 239-898-4464  
\*NS 10/7 CC TFN

## SEASONAL RENTAL

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Putting owners and tenants together  
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[www.remax-oftheislands.com](http://www.remax-oftheislands.com)  
239-472-2311  
\*RS 1/23 BM TFN

## VACATION RENTAL

### Island Vacations

Of Sanibel & Captiva  
*Million \$ Views Await You!*  
• Cottages • Condos • Homes •  
Miles of Beaches & Bike Paths  
239-472-7277  
1-888-451-7277  
\*RS 1/4 BM TFN

### LIGHTHOUSE REALTY

Paul J. Morris, Broker  
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PROPERTY MANAGEMENT & SALES  
359 Periwinkle Way, Sanibel Island  
239-579-0511  
\*RS 1/4 CC TFN

## ANNUAL RENTALS

### EAST END - SANIBEL

This 3 bedroom/2 bath UF, ground Level home, recent paint, new carpet, all appliances, large screen porch, double carport, and just minutes to walk to Bay or Gulf Beach. \$1,950/Mo.

### LAKE FRONT - FT. MYERS

This UF 2/2 condo has fresh paint, new carpet, and Huge lanai overlooking Lake. Gated complex, with clubhouse, pool & tennis, covered parking. No Pets. S. Ft. Myers, close to beaches. \$1,400/Mo.

Please call for details  
**472-6747**  
Gulf Beach Properties, Inc.  
Helping People Become Islanders for over 35 years!  
The Island Experience!  
\*RS 9/23 BM TFN

## ANNUAL RENTAL

### LARGE 1 BR, EAST END

Large 1 BR, East End of Island. Ground Level, great for retiree. Cat OK, Screened lanai, W/D, Dish Washer, etc. \$895/mo. + utilities. 239-339-2337, please leave message.  
\*NS 10/7 CC 10/7

### CONDO- DAVIS WOODS

1 BR 1 BA, 2nd floor, unfurnished, McGregor & Summerlin. W/D in unit, updated, 1st, last & 1 mo security, no smoking- no pets. References required. \$950/mo. 239-826-4301.  
\*NS 10/7 CC 10/14

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### LOAN NEEDED

Looking for private investor loan to consolidate personal debt. I live on Sanibel and can offer second mortgage on my home. Amount needed is \$150,000. This will payoff existing debt. Please respond to [sanibelforme@hotmail.com](mailto:sanibelforme@hotmail.com)  
\*NS 7/22 CC TFN

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Aqualink - Motor Controls.  
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\*RS 6/7 CC TFN

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\*NS 5/20 CC TFN

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\*NS 9/16 CC TFN

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Sanibel Lic. #11412 Lee Co. Lic. #051047  
\*NS 1/4 PC TFN

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Sonya @ 239-246-7007.  
\*RS 9/30 CC TFN

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[scarnatolawn@aol.com](mailto:scarnatolawn@aol.com)  
\*RS 1/25 BM TFN

### ISLAND TAXI

Airport & Local Service  
239-472-4888  
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Experienced Staff & Drivers.  
[www.IslandTaxi.com](http://www.IslandTaxi.com)  
\*NS 10/7 CC 10/28

### CLEANING SERVICES

New Client Incentives  
Sanibel Captiva Iona McGregor  
239-233-2152 #14948  
\*NS 8/19 CC 10/21

### HOUSE WATCH

Full time retired contractor with knowledge of all facets of home maintenance will inspect your home and report to you by e-mail or phone or text. I can do most minor repairs and will arrange for more involved with your approval. Terms negotiable.  
[Kendeelake@yahoo.com](mailto:Kendeelake@yahoo.com) or 573-280-5415.  
\*NS 10/7 CC TFN

### TUTOR

Retired New Trier Teacher  
wants to tutor Chemistry.  
847-508-0428.  
\*NS 10/7 CC 10/14

### TROLLEY DRIVER'S

Part Time -TROLLEY DRIVER'S Needed  
We are looking for Fun, Energetic, People person's, with a Safe driving record. Requires a CDL class C license with passenger endorsement.  
Knowledge of the islands a plus!  
Call Evelyn at 239-850-4116 for interview or send resume to [Evelyn@adventuresinparadise.com](mailto:Evelyn@adventuresinparadise.com).  
\*NS 9/23 CC 10/14

### JERRY'S FOODS WAITRESSES OR WAITERS

Part Time Evening And Weekend Front End Associates Needed. Looking for energetic, personable, and fun individuals, with open availability Monday through Sunday.  
If interested call and ask for John, Tami, or Norm 472-9300.  
\*NS 5/6 BM TFN

## HELP WANTED

### REAL ESTATE ADMINISTRATOR

Royal Shell Real Estate is currently seeking a dependable, well-qualified Administrator for an extremely busy office. Full-time Mon-Fri & possibly other days, as needed. Email resume to: [Danielle@RoyalShellSales.com](mailto:Danielle@RoyalShellSales.com)  
\*NS 10/7 CC 10/14

### SALES ASSOCIATE

SANIBEL HOME FURNISHINGS  
a small specialty retailer seeking an energetic, personable sales associate. Welcome our customers and make them feel comfortable and "AT HOME." Flexible work schedule. If you want to join this great company, please email your resume to [mysanibelresume@gmail.com](mailto:mysanibelresume@gmail.com).  
\*NS 9/30 CC 10/7

### DATA PROCESSOR

Part Time Data/confirmation processor for Sanibel Vacation Rental company. Good working knowledge of Excel spreadsheets; MS Word. Strong command of spoken and written English. Sanibel Vacation Rental experience a major plus! Hours 2pm-6pm Mon-Fri. Compensation based on experience. Please fax resume to 239 437-7543 or email to [DLS@Schuldenfrei.com](mailto:DLS@Schuldenfrei.com).  
\*NS 9/30 CC TFN

### FACILITIES COORDINATOR

BIG ARTS is looking for a Facilities Coordinator, full time, w/ benefits. Must be able to work flexible hours. Send resume to [info@bigarts.org](mailto:info@bigarts.org).  
\*NS 9/23 CC 10/14

### CUSTOMER SERVICE ASSOCIATE

BIG ARTS is looking for a Customer Service Associate, full time, seasonal, Oct-Apr. Customer service and office experience required. Must be able to work flexible hours. Send resume to [info@bigarts.org](mailto:info@bigarts.org).  
\*NS 9/23 CC 10/14

### REAL ESTATE ADMINISTRATOR

Royal Shell Real Estate is seeking a dependable, well-qualified individual for an extremely busy office. Part-time weekend position & possibly other days as needed. Email resume to: [danielle@royalshellsales.com](mailto:danielle@royalshellsales.com)  
\*NS 8/5 CC TFN



HELP WANTED

BECOME A SENIOR COMPANION VOLUNTEER

Volunteers provide companionship and friendship to frail elderly individuals who are homebound and generally living alone. Seniors Receive: Tax-free Stipend of \$2.65/hr., Mileage reimbursement of \$.40/mile, Paid Holiday, Vacation, & Sick leave. Volunteers, age 55 and older, able to volunteer at least 15 hours per week are urged to call today.  
Dr Piper Center for Social Services, Inc.,  
Tel: (239) 332-5346 or (800) 332-5346  
\*NS 7/1 NC TFN

AUTO FOR SALE

2002-TURBO S VOLKSWAGEN BEETLE \$2K

81k mi. Great work car.  
A/C compressor needs work.  
239-851-7570 for details.  
\*NS 10/7 CC 10/14

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DOCKAGE

Hourly, Daily, Weekly  
and Monthly.  
Captiva Island 472-5800  
\*RS 1/4 NC TFN

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Hannah and Keira Pelle  
photos courtesy Dress For Success

Rack Up Bargains At Shop For Success

Year after year, Dress For Success SW Florida breaks its own records when Shop For Success, presented by founding sponsor White House Black Market, unveils unbelievable deals on high-end merchandise. When the shopping extravaganza returns from 5 to 9 p.m. on Wednesday, November 2 at Crowne Plaza Fort Myers, bargain hunters will delight in 5,000 square feet of bounty, with prices starting at \$5.

This shopping event supports Dress For Success SW Florida's life-changing mission of providing wardrobes, employment counseling and career development tools to disadvantaged women in the area.

Last year, White House Black Market donated 85 boxes of new merchandise for Shop For Success. This contribution represented a major portion of the tops, pants, skirts, dresses, suits, jackets, shoes, handbags and jewelry for sale to promote the economic independence of local disadvantaged women. This year, the Fort Myers-based retailer is on track to increase that windfall for shoppers. Other contributing retailers include Chico's, Talbot's, Macy's and Dillard's.

Shoppers wishing to support Dress For Success SW Florida's mission with a wardrobe reboot need not register in advance unless they desire the VIP treatment. A limited number of VIP tickets include early shopping from 3 to 5 p.m., complimentary



Lori Milton

champagne and VIP checkout, and are now on sale for \$50 at [www.dfsswflorida.org](http://www.dfsswflorida.org).

In 2015, Shop For Success raised \$95,000, surpassing the previous year's record-breaking \$73,000. This continually successful "pop-up store" garnered Dress For Success SW Florida representatives an invitation to speak at the Dress For Success worldwide conference, out of 141 affiliates in 19 countries.

"Retail therapy takes on a more meaningful context when it contributes to a great cause," said Barbara Dell, CEO

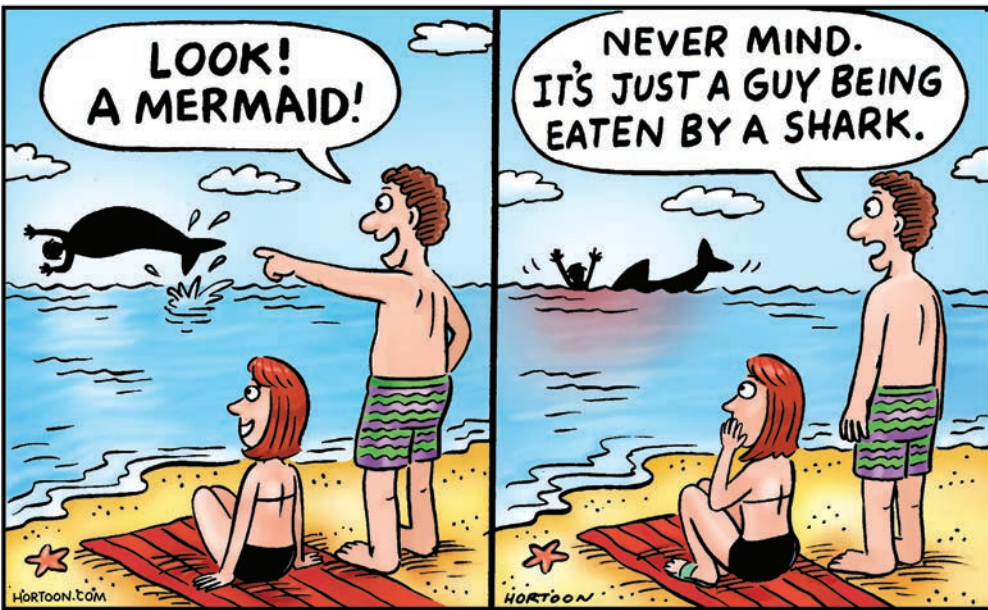


Meredith Hoffman

of Dress For Success SW Florida. "The Southwest Florida community is always supportive of Dress For Success SW Florida, and this night of shopping and socializing is such a fun way to help us serve more women on their journey to a better career and life."

In addition to the new merchandise from local retailers, gently used fashion items are donated by individual supporters at the Dress For Success SW Florida Boutique at 12995 S. Cleveland Avenue, Suite 153 in Fort Myers. Call 689-4992 before dropping off donations.\*

HORTOONS



Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Tarpon Estates	Cape Coral	2013	6,128	\$3,049,000	\$2,800,000	100
Captiva Beach	Captiva	2003	2,307	\$1,949,000	\$1,820,000	595
Renaissance	Fort Myers	2014	4,066	\$1,349,900	\$1,200,000	169
Riverside	Fort Myers	2008	5,277	\$1,250,000	\$1,150,000	88
River Reach Estates	Bonita Springs	2007	3,310	\$959,000	\$887,500	220
Cape Coral	Cape Coral	1998	7,488	\$949,900	\$800,000	37
Wildcat Run	Estero	2006	3,295	\$949,900	\$875,000	200
Jose's Hideaway	Captiva	2015	2,993	\$895,000	\$840,000	102
Nature's Cove	Estero	2005	2,981	\$895,000	\$870,000	63
Longlake	Bonita Springs	1994	2,912	\$839,900	\$800,000	111



# Columbus Day SALE

SAT, SUN & MON  
OCT. 8, 9 & 10



#### YOUR RESORT STAY INCLUDES:

- Beautiful Ocean Front Accommodations
- Heated outdoor pool, kayaks, paddleboards  
tennis courts, bikes & world famous shelling
- Complimentary Breakfast

#### Two Prize Packages & Two Ways to Win!

**On-line Entry:** visit [SanibelOutlets.com](http://SanibelOutlets.com) by Oct 10th

**Drawing Entry:** visit Shopper Services at Sanibel Outlets  
during our Columbus Day Sale (Oct 8-10) to register in person.  
*Both prizes subject to room availability.*

# SANIBEL OUTLETS

2 miles before Sanibel Causeway • 5 miles from Ft Myers Beach • 20 minutes off I-75  
20350 Summerlin Rd. • [SanibelOutlets.com](http://SanibelOutlets.com) • Mon-Sat 9-9; Sun 10-6 